



BE MORE
HEALTHY CHOICES ADD UP

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WALK TO SCHOOL DAY

International Walk to School Day is a global event that prompts children to walk to their respective school. This event allows children to participate in active transportation to school as a form of physical activity for the day.

Communities partnering with schools and Safe Routes to School coalitions assist with this, as parents, school staff, and neighborhood leaders work together in providing children safe passage from neighborhoods to schools.

International
Walk to School
Day is held
annually in
October.

Benefits

- Promotes physical activity behaviors among the youth to build a healthier lifestyle from a young age.
- Children enjoy being active and feel a sense of independence, as this event may be different from their usual transportation to and from school.
- The event will contribute to a cleaner environment as vehicular transportation is minimized.
- Young children will learn firsthand the importance of traffic safety.
- The community will feel more invested in its local schools and the children who will one day be leaders of the community.



Alternate drop-off locations are a great alternative for those schools located a long distance from the neighborhoods.

W 519 03/18 18-0222 Supported by Cooperative Agreement #1U58DP005484-01, funded by the Centers for Disease Control and Prevention (CDC). Contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC or the Department of Health and Human Services. Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension Provides equal opportunities in programs and employment.