

### Children's Ages and Genders

Below, please list the ages of your children and check whether each is a boy or girl.

Age	Boy	Girl
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Date of class you will attend.

\_\_\_\_\_

Please detach the registration form and return it along with your payment to the UT Extension office where you will attend class.

### Class Selection

Record the time, date and location of your class here.

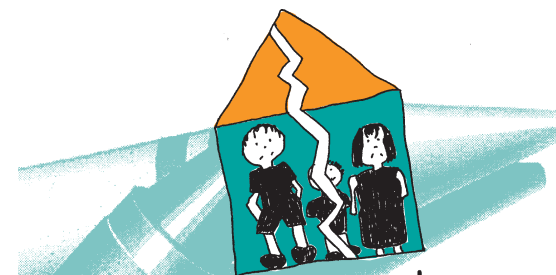
Location \_\_\_\_\_

Date \_\_\_\_\_

Time \_\_\_\_\_

# PARENTING APART

Effective Co-Parenting



Dear Mom and Dad,  
 If parents get divorced does that mean they will stop fighting?  
**Please don't fight.**  
 Love, your kid

**An Educational Program For Divorcing Parents**

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Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.

# Parenting Apart: Effective Co-Parenting

## An Educational Program for Divorcing Parents

Tennessee has one of the highest divorce rates in the U.S. Because divorce is so common, it may seem like adjustment to divorce has become easier for everyone involved. In reality, divorce is hard for all family members, especially children. Because of concerns about the negative impact of divorce on children, the Tennessee State Legislature passed a law that requires divorcing parents of minor children to attend a parent education program.

University of Tennessee Extension has developed a four-hour program, "Parenting Apart: Effective Co-Parenting," for divorcing parents to help them guide their children through the issues that arise because of the parents' divorce.

The following topics are covered in the program:

1. domestic violence and divorce
2. the processes of divorce and mediation
3. dealing with stress
4. how children react to divorce
5. positive communication skills
6. keeping children out of the middle of conflicts
7. the family after divorce

Classes include group discussion, viewing videos and lecture. Each participant will receive a booklet about parenting through divorce and a list of local resources. Classes are taught by Extension Family and Consumer Sciences (FCS) agents. They have either a bachelor's or master's degree in Family & Consumer Sciences and have training in issues related to children and families.

### Pre-Registration

Participants must register in advance to be sure of a place in the class. Those who do not pre-register may not be admitted if the class is full. The cost of the program is \$40 per person if paid in advance. The cost will be \$50 cash if paid at the door. There will be no fee for the class if you have an order to no-fee parent education. This must be obtained from the judge. Classes of less than five pre-registered participants may be canceled. Refer to the class schedule or contact your local UT Extension Office for more information. You may want to attend a class at a location other than where your divorce is filed. Check with your attorney to be sure that an Extension class taken in another county will be accepted by the judge hearing your case. Divorcing spouses should attend separate classes.

Do not bring children to class. Child care is not provided and the subject matter is not intended for children.

Classes begin on time and participants will not be allowed to attend if they arrive after the starting time. A certificate will be given to all persons who complete the course. To get credit for taking the course, please list your civil court and docket number if you have one, on the registration form.

**If you need special accommodations because of a disability or language need, please contact your UT Extension office at least one week in advance of the class you will attend. For more information, please call the UT Extension office in the county where you plan to take the class.**

### Registration Form

Full name \_\_\_\_\_

Mailing address \_\_\_\_\_

(City/state/zip code) \_\_\_\_\_

Home or cell phone (\_\_\_\_) \_\_\_\_\_

Work phone (\_\_\_\_) \_\_\_\_\_

e-mail \_\_\_\_\_

Court in which divorce is filed \_\_\_\_\_

Civil Court docket number \_\_\_\_\_

Name of spouse/former spouse \_\_\_\_\_

Has violence been an issue in your current marriage?

Yes

No

#### Class Fees

\$40 per person in advance payable to \_\_\_\_\_ County Extension.

Payments made by CASH at the door will be \$50 for each person. (Please arrive 10 minutes early)

If payment is a problem, please contact the Extension agent prior to registering for the class in the county where you will attend class.

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