



WALK ACROSS TENNESSEE

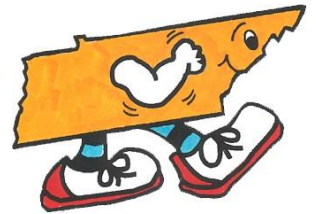


FITNESS IS A JOURNEY... START YOURS TODAY!

Join this Fun and Fitness Challenge...

All Levels of Physical Activity Can Participate!

CHALLENGE DATES: April 8- June 9, 2019



Teams are made up of 4 people. You don't have to walk together. This is intentional exercise, NOT counting steps OR routine daily activities. Activity/ mileage equivalent options are also provided.

To complete registration, captain registers the team. Each individual team member must also register for liability purposes.

For more information, scan the QR code or go to <https://tiny.utk.edu/watmad>.



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