"The Stewart County Extension is all about taking the great Extension Educational Programs and tailoring them to the needs of the citizens of Stewart County. This down home approach brings the progressive programs of UT Extension to Historic Rural Stewart County Tennessee, and impacts the community on a personal level."

Priority Educational Programs for 2009 were:

Sustainable Tennessee
Education
4-H Citizenship Leadership Projects

Sustainable Tennessee

The Sustainable Tennessee program focused on implementation of the new Farmer’s Market, Economic Development Classes, and Production Classes. Stewart County Impacts were:

- $64,043.00 has been appropriated by the State Department of Agriculture for producer diversification into fruit and vegetable production, including greenhouse construction and marketing facilities.
- $131,200.00 was appropriated through State and local assets for a farmer’s market facility to improve or maintain small farmers’ income.
- 18 farm families who diversified into fruit and vegetable or flower products or added value to an existing enterprise reported growing income from $500.00 to $3,300.00 with an average of $1225.00 gross income.
- Consumers estimated saving $10.00 in fuel costs each time they chose to shop locally instead of making the 70 mile round trip to Clarksville or Paris.
- Estimated economic impact of the Sustainable Stewart County Programs is $325,000.00 including state appropriations along with local money saved and income improvements.

Contacts by Extension Personnel:

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Tennessee Choices for Better Health Care

To help people in Stewart County make better health choices the following classes were offered in 2009:

- Arthritis Exercise—Participants reported increased range of motion.
- Arthritis Self-Help—Participants reported increased balance and coordination.
- Dining With Diabetes—participants reported more control of glucose levels after taking Dining with Diabetes classes.
- Master Your Body—Participants reported increased flexibility

4-H Citizenship / Leadership Projects

As a result of the 4-H Civic engagement educational program:

- 4-H Honor Club and All Star Program in Stewart County has grown to 41 Honor Club members and 19 All Stars.
- 347 members chose leadership and or citizenship as their project.
- Direct observations by volunteers and teachers indicate that participants have developed citizenship / leadership skills and are applying these skills through 518 hours of community service and encouraging others to participate in citizenship programs.
- 4-H Officers, Honor Club members, and All Stars not only lead 4-H clubs, but they also tend to lead in the classroom and other school affiliated clubs.
- Community Service Projects included the Great American Cleanup, Christmas Toy Run, Farmers Market Operation and Maintenance and Emergency Kit Preparation and Delivery.

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