

Heritage Skills Quilting Seminar

“Quilting on the Mountain”

Co-sponsored by The Tennessee Family and Community Education Clubs and

The University of Tennessee Extension

Monday-Thursday, October 7 - 10, 2019

Clyde M. York 4-H Center - Crossville, TN 38572

For pictures, visit us on the Web at:

<https://extension.tennessee.edu/eastern/Pages/Heritage-Skills-Seminars.aspx>

“Quilting on the Mountain” is semi-structured and very relaxed. Each project will be demonstrated with instructions. Participants will be given time to do as much as or as little as they like. A variety of projects have been planned so there is something of interest for everyone! Some participants want to finish projects while others like to work to the point, they know they can finish the project at home.

The seminar runs Monday through Thursday. The registration fee covers meals, lodging, and instructions. A very limited number of semi-private rooms are available for an additional fee. These rooms will be assigned on a first come basis. If you want a specific roommate, please list them on the registration. If we have more requests for these rooms than we can accommodate, money will be refunded.

A variety of demonstrations, workshops and other activities are planned for each day. A few require an additional registration fee, which you will pay at the seminar. Some are limited in size and will be offered on a first come basis - register early to assure you get those you are interested in. After your registration is received, you will receive a confirmation and additional information about the seminar. Please bring supplies listed in the descriptions and your confirmation letter. **PAY FOR THESE ITEMS WHEN YOU REGISTER AT SEMINAR!**

WORKSHOP WITH LIMITED PARTICIPATION (Mark your registration form if you want to participate in any of these workshops. Fees to be paid at the seminar not with registration lodging fee.

Directions to the 4-H Center are available at:

<https://extension.tennessee.edu/clydeyork4hcenter/Pages/US-Staff.aspx>.

REGISTRATION DEADLINE IS September 3, 2019. For more information, visit us on the Web at:
<https://extension.tennessee.edu/eastern/Pages/Heritage-Skills-Seminars.aspx>.

PROJECTS WITH DEMONSTRATIONS, INSTRUCTIONS AND/OR FEE (Mark your registration form if you want to order any of these. Pay these fees at the seminar “camp”).

CANIDATE SCRAPPY QUILT – Daphane Smith This quilt looks like a Native American blanket. Approximate finished size is 78" x 92.5". Materials list: 3 yards white fabric cut 195 – 3" x 6 ½", and from scraps cut 496 – 3" x 6 ½" rectangles, if you would like to use 2 ½" strips you will need to cut 195 – 2 ½" x 5 ½" white rectangles and 496 – 2 ½" x 5 ½" from scrappy fabrics, this will affect the size of your quilt, you can add a small borders if you desire. This would also be a pretty 2 color quilt, also.

CHEF'S SPECIAL – Becky Stowers Need a quilt quick? This is it...pick a layer cake or bust your stash & cut your own. Finished size: 48" x 66". Material list.....layer cake or 24 - 10" squares, 1 yard sashing fabric, 1/8 yard cornerstones, 1 yard border fabric, 1/2 yard binding. Kit \$69.00 (**does not include batting or backing**) Pattern \$2.50. Mark your registration if you would like the pattern or kit.

COFFEE FILTER MUG RUG – Debra Carroll Everyone needs a quick gift at the holiday, this is a great way to use some of you scraps and have a gift to share. Material list: a few coffee filters, scrapes of fabric and for the backing some 9" squares, and thread.

CRAZY QUILT WORKSHOP - Lonna Hammond This year we will be making either a postcard or a needle case. You will need to make a 4" x 6" rectangular piece for either one. You will make it on a slightly larger piece of muslin used for your foundation. If you are unsure of how to make the rectangle bring your fabrics to the retreat and I will work with you to make it before the workshop. Bring your fancy threads, charms, beads and buttons with you. Also please bring a small piece of light weight batting approximately 4" x 6". I will share from my stash as well. Don't forget your hand needles - embroidery, silk ribbon and beading needles and a pair of small scissors. Crazy Quilting is a portable project. This workshop is fun with great group participation. Remember there are many ways to crazy quilt and there is NO wrong way. There is no fee for the class but participation is limited to 12 and is approximately 2 hours. Mark your registration if you would like to take this workshop.

GAME NIGHT – Game 1 - Each person that wants to play will be given GAME NIGHT Game 1 – QUILTO–BINGO Each person that wants to play Quilto will be given a game card at the opening session. With regular play – up/down, right/left, diagonal, like bingo. Quilto terms will be posted and each player will check the board for terms and mark matches on their card. Additional terms will be added at intervals during the week until person(s) Quilto (bingo). Prize will be selected from a pool of prizes. (Bring a quilt notion put it in a bag and label the bag with QUILTO on the outside of the bag. Play will continue until all prizes are depleted.) Players will not clear their card when someone wins. Only the person(s) who Quilto's (bingo's) gets a new card if they wish to continue to play.

Game 2 – CHRISTMAS ORANMENT EXCHANGE Everyone who wants to play must bring a handmade Christmas ornament that represents quilting or a quilting ornament. Wrap ornament or gift-bag the ornament. Everyone will receive a different ornament than the one

they brought at the end of the game to remember the fun they had at Quilting on the Mountain.

Game 3 – CHRISTMAS QUILT BLOCK EXCHANGE Each participant needs: Make 4 - 12 ½" square quilt blocks of their choice. The four blocks do not have to be the same. Each block could be a different design if they wish. Be sure that each block has: maker's name, where they live, Quilting on the Mountain 2019. This info can be hand embroidered or machine embroidered on the front of your blocks. Each participant will keep one of their blocks and submit three (3) for the swap. Be sure to bring four (4) with you.

FOUR SEASONS PLACEMATS – Debra Carroll This is a great way to decorate your dining table, you can use and theme or holiday you wish. Material list: 4- 1 yards of different holiday fabrics, 7 ½ yards fusible interfacing, thread.

JELLY-ROLL RUG 2(SQUARED) – Terri Embrey The jelly-roll rug is a 32" x 42" rectangle throw rug. You can use a jelly roll or make it scrappy by cutting your own 2 ½" strips. Roma Lambson designed this Jelly-Roll Rug Square pattern as a simpler version of the original Jelly Roll Rug Pattern for her 4 Sisters. They made them at one of their annual Sister's Retreats. Now, all skill levels may participate in the joy of Jelly-Roll Rug making! No stitching around tight curves, just sewing straight seams uses one jelly roll.

Material list: 1 Jelly roll, 1 ½ yards 100% cotton batting 96" wide cut into 2 ½" strips or 2 rolls of Bosal Katahdin 2 ½" x 25 yd batting roll (much easier), 1 large spool of thread: at least 1200 yards, Size 14-18 Sharp/Jeans sewing machine needle, Mary Ellen's Best Press (optional), Marker, Ruler, Rotary Cutter

Your sewing machine needs to be heavy duty enough to sew through all the layers. The Bosal Katahdin batting roll is cotton blend and is 2 ¼" x 50 yards the cost is \$25.00 (Becky said the 2 ¼" works well.) The Jelly Roll Rug 2 pattern is \$10.00 mark your registration if you would like the pattern or batting.

KIMONO TOP – Dephane Smith This is a quick project, everyone needs a coverup to add to their wardrobe. Material list: 2 yards of 45" wide lightweight fabric like a voile or light rayon. A t-shirt that fits you well (not a fitted tee, a boxy one), chalk and a ruler, and a rolled hem foot for your machine if you have one.

MYSTERY QUILT – Lonna Hammond This year's mystery quilt measures 60" x 72" without borders. I put borders on mine to make it bigger. Remember if you want borders you will need more fabric. It is not a difficult quilt. Fabric Requirements: Feature fabric -3 yards, Coordinate A – 1 ½ yards, Coordinate B – 1 ½ yards, and contrast 3 ½ yard. Please no directional fabric. It is always suggested to buy a little extra fabric in the event of any oops. Also always remember the more contrast the better with a mystery quilt. Please mark your Registration if you would like the Mystery Quilt Pattern. There will be a \$3.00 printing fee for the instructions.

“PHOEBE FLOWER COLLAGE – Becky Stowers Easy introduction to the very popular collage quilts. These are a lot of fun & you will want to make more than one. Material list.....1 ½ yards background, Fat eighths of 10 different reds, 10” x 10” piece of 3 different yellows, Fat eighths of 13 greens, 1 ½ yards pattern ease (you can purchase this from Becky), 1/3 yard binding, 1 2/3 yards backing, Steam a seam 2 lite (or your favorite two sided fusible), Fine tip sharpie, pins, thread...Mark your registration if you would like the pattern \$22.00 and pattern ease \$4.00.

PLACEMAT COSMETIC BAG_– Wanda Somers This is a cute bag. Material list: placemat without the scalloped edges (Pioneer Woman placemat at Walmart is what I used), thread, at least a 16” polyester zipper in one or the coordinating colors and at least 6” of 3/8” wide gross grain ribbon to match the zipper.

QUARTER LOG CABIN TABLE RUNNER – Betty Jo Haskell Finished size 21” x 32” table runner. The table runner is made using 2 ½” strips and ¼ yard white or ecru material. You can use a jelly roll or cut your own strips. It can be enlarged by adding more rows and/or fabric colors. I used 5 different fabrics; you will need 1 or 2 -2 ½” strips of each of these fabrics and 1 or 2 strips of white fabric per 2 strips of color. The border fabric is cut 2 ½ inches and you will need 4 strips. You will need to use batting and a backing fabric to complete your runner. We will just make the top in class. This is an easy pattern and can be enlarged by adding additional colors/rows to make it into a throw or quilt. I made 4 blocks of each color for this table runner. If your runner is larger, you will need more blocks. Option: you can make your strips smaller and use more blocks and possibly more strips.

SEW CHARMED TABLE RUNNER – Becky Stowers A fun pattern...you’ll want to make one for each season. Material list..... charm squares, ½ yard background, 1/3 yard binding, 1 ½ yards backing fabric, Batting 20 x 50”. Complete kit \$39.00 (including batting & backing) Fabrics will vary. Pattern \$2.50 only. Mark your registration if you would like the kit or pattern only.

TEXTURE COLORING EMBELISHMENT – Carol Swanson This is a different process than last year, using regular crayons. Material needed: a prewashed and press background fabric approximately 12” square, if you can bring a pre- embroidery or have a red work design ready to embellish, or bring a light box to trace a design, a pigma pen (brown), crayons, Carol will have several items to share to make your coloring textured.

3 D PINWHEEL TABLE RUNNER – Wanda Somers This is another Missouri Star Quilt Company project. The pinwheels are three dimensional and is a quick project. Finished size is 13” x 31”. Material list: 1 package of 5” squares, binding ¼ yard coordinating fabric, backing ½ yard and thread.

TREE TRIMMING – Becky Stowers This 3 dimensional Christmas tree is made from 2 ½” strips or a fat quarter! It’s fast, fun, and very popular! Personalize yours with charms, buttons, embellishments and even jewelry. You can even make it an advent calendar by adding your trimming one day at a time. Finished wall hanging measures approximately 12” x 14”. Material list.....tree & borders 1 fat quarter, Background 1 fat quarter, Tree trunk 1 x 1 ½” rectangle, backing 1 fat quarter, binding 2- 2 ½” strips, batting 16” x 18”. Complete kit \$20.00 (does not include embellishments) Does include batting & backing, pattern only \$9.00. Mark your registration if you would like the pattern or the kit.

UFO’S PROJECTS - Last year on the evaluation it was requested that we not do as many projects, so some of you can get some of your UFO’s completed. We are asking those who would like to participate to bring up to 5 UFO’s we will be having a drawing, for each UFO finished your name will put in for the drawing. This is a great incentive to get those UFO’s finished.

ADDITIONAL ACTIVITIES AND INFORMATION CHARITY-We will helping the Children Hospital in Knoxville, TN to give pillow cases to all the children in the hospital at Christmas. Please bring extra fabric, we will be making the “Burrito Method” Pillowcase. Materials needed 1/3 yard for the cuff, 2” strip of fabric for the trim, and ¾ yard of fabric for the body.

Mats for the homeless – Dephane Smith Will demonstrate how to make mats for the homeless. Items needed are a size N, P or S crochet hook, clean grocery bags and old scissors.

SHOW-N-SHARE - Everyone is asked to participate in Tuesday night’s “Show-N-Share”. Bring something to show that you have made pertaining to quilting and/or related skills. This is where we get some of our ideas for the following year.

QUILT SHOP – Becky’s Quilt Barn, Becky Stowers, owner, phone number 931-863-8362. There will be a complete quilt shop on site for our convince. Becky is from Clarkrange and will be the shopkeeper this year. Please welcome her to our camp. Becky has requested if any of the presenter need certain supplies for their project or workshop, to please let her know immediately so she can help you out with your workshop supplies or necessities. She will be giving 15% off all **regular** priced items for the retreat...And will have different specials each day. Becky’s Quilt Barn and Retreat, 1027 Old Grimsley Road, Grimsley, TN 38565. Mailing address Becky Stowers, 5772 S. York Hwy. Clarkrange, TN 38553

SILENT AUCTION – We would appreciate your help with the silent auction. You may contribute items that you have made or have that you will never use; books or magazines that you no longer want, a kit you will never make, a project you have started but will never finish, etc. quilting or craft related. Now is your chance to get rid of some of those things that you just don’t know what to do with and at the same time maybe find that pattern or book you missed, or the fabric you can’t live without and maybe some buttons to add to your collection. Who knows? What a great way to clean out your magazine rack. Money from the auction goes to

help purchase new items for the seminar. Cutting tables, mats, ironing station supplies and other items needed for the seminar have been purchased. Please help support this auction.

Jennifer will be providing back massages for \$10.00 for ten minutes, check the registration if you would like a massage.

Jason will also be at the seminar to clean and service our sewing machines for a reasonable fee, if you would like your machine serviced mark the registration form.

EQUIPMENT - Please bring a nametag to camp with your name, city, state, and quilt guild (if you are a member). Bring all the usual items you would need when sewing or quilting. Please no irons, ironing stations will be set up for your convenience. You will need to bring a surge strip and a heavy-duty extension cord.

THINK COMFORT – The camp is on the mountain so the nights can be rather cool. You will need a jacket along with your pillow, sheets, blanket/quilt, towels, and personal care items for yourself, and change of clothing, snacks and drinks. A cushion would make the days more comfortable on the folding chairs. Some like to bring a flashlight.

REGISTRATION REMINDER - Be sure to follow the instructions of #2 on the registration sheet so you can receive your confirmation. Also, please check the class(s) limited in size and/or the workshop(s) that you are interested in so the presenters will know how many to prepare for. Mark your form for the workshop only. If you receive confirmation for a workshop, PLEASE be prepared with all supplies and fabrics precut before workshop. If you decide to NOT take a workshop you have received confirmation for, please let Debra know before seminar, so that you can be replaced. Remember workshops are limited and require extra preparation that can't be done at the last minute. Please take into consideration the teachers that prepare for this seminar and the others that would like to take part in the workshops as well.

REGISTRATION FORM

1. Submit registration form and fees to: Debra Carroll, 153 Little George Lane, Clinton, TN 37716; Phone: (865) 457-9401; Email: debrafcarrroll@aol.com
2. Make check payable to: Heritage Skills Seminars for lodging and meals only. Enclose a self-addressed stamped business size envelope for confirmation of registration and further information. A \$1.00 charge will be added if no business size self addressed stamped envelope is enclosed.

NAME _____

ADDRESS _____

CITY, & STATE _____ ZIP CODE _____

PHONE _____ E-MAIL _____

(Keep phone # private yes / no) (Keep E-Mail private yes / no)

Please register me for the following:

_____ Cabin Dorm lodging \$265.00

_____ Cedar Lodge (limited number of semi-private rooms) \$315 .00

_____ Pine Lodge (limited number of semi-private rooms) \$315.00

(Registration fees are for meals and lodging only; make check payable to Heritage Skills, no refunds after September 14, 2019.)

Mark your form below for any or all the following items you want to reserve.

Pay for these at seminar only.

Projects, Classes and Workshops with limited participation and/or fees that I want to participate in: Please mark for limited workshop only.

_____ Crazy Quilting Embellishment workshop (no charge, limit 12)

_____ Chef's Special pattern (\$2.50)

_____ Chef's Special kit (does not include batting or backing) (\$69.00)

_____ Jelly Roll Rug 2 pattern (\$10.00)

_____ Bosal Katahdin batting roll (\$25.00)

_____ Massage by Jennifer (\$10.00 per 10 minutes fee to be paid to Jennifer)

_____ Mystery Quilt pattern (\$3.00 for printing only)

_____ "Phoebe" Flower Collage pattern (\$22.00)

_____ Pattern ease "Phoebe" Flower (\$4.00)

_____ Sew Charm Table Runner pattern (\$2.50)

_____ Sew Charm Table Runner Kit (includes batting & backing) (\$39.00)

_____ Sewing Machine cleaning (fee to be paid to Jason)

_____ Tree Trimming pattern (\$9. 0)

_____ Tree Trimming 3 D kit (does include batting & backing) (\$20.00)

_____ T-Shirt pink, small, medium, large, x large, xx large, xxx large, short sleeve, long sleeve (\$20.00) (Circle size and sleeve length.)

_____ Total amount due (Fee to be paid at seminar.)

Note or special request, roommate:
