

## 2015 FCE Leader Lesson

### Cultural Arts

### History of Knitting

#### Background:

- Read 46 Interesting Facts about Knitting from <http://facts.randomhistory.com/knitting-facts.html>
- And History of knitting, from knotted nets and knitted socks to knitting guilds from <http://www.knit-a-square.com/history-of-knitting.html>
- (See attached documents or visit the websites provided)

#### Directions:

- Pick out the most interesting facts about Knitting and read the History of Knitting.
- **Discuss:**

Bring in items that you may have knitted or someone else has knitted for you.

What is the oldest item you have that has ever been knitted?

Who knitted it for you?

#### Service Project Idea:

- Knit for those babies in hospitals that may need someone to keep their heads warm while going home.
- Knit hats or scarves for homeless individuals who will need something to keep them warm during those cold months. A good place to drop off is the Salvation Army or a local homeless shelter to have them distribute.

**Pattern Available.** Please see attached document for an idea of a knitted beanie and scarf.