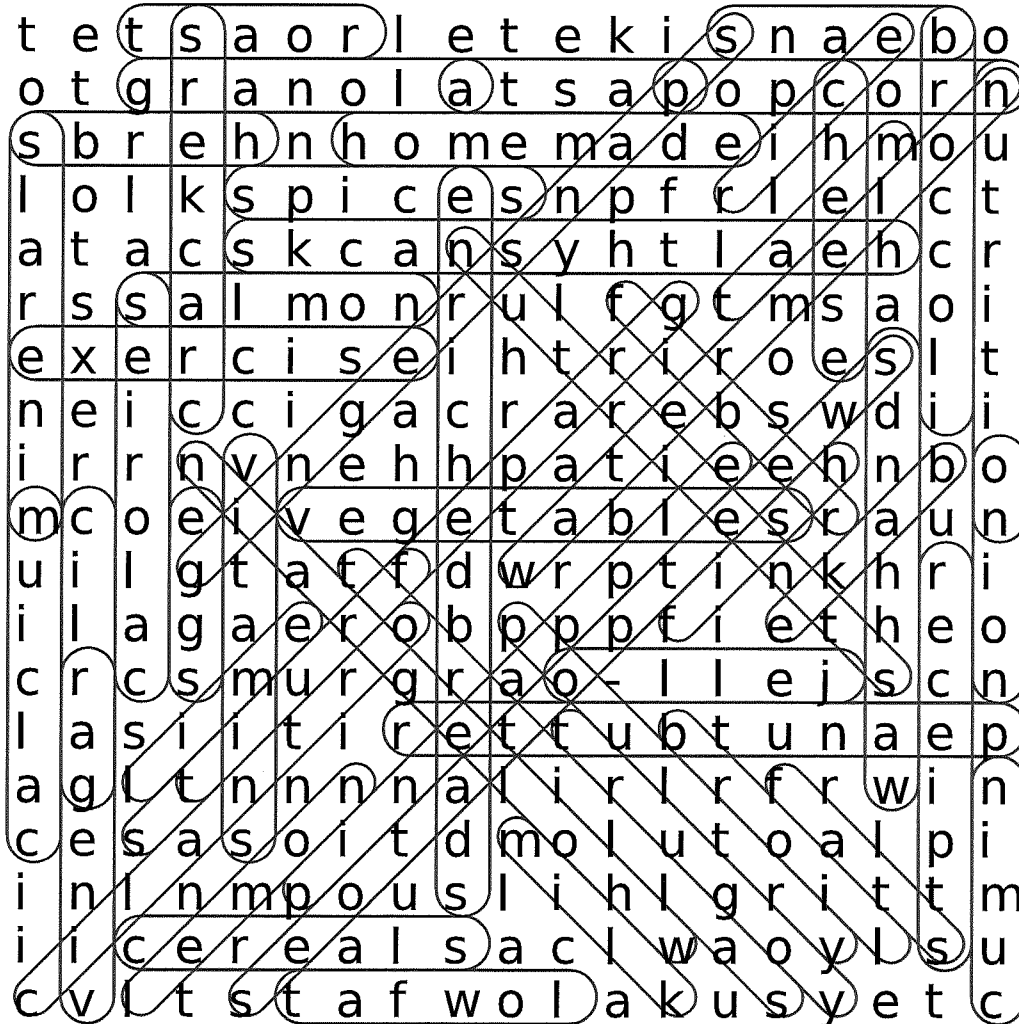


Healthy Foods

Michelle Guidry



Nutrition
Fiber
Whole Grain
Vegetables
Eggs
Nutrients
Receipts
Salmon
Pineapple
Granola
Crackers
Bake
Garlic
Lemon

Vitamins
Exercise
Rice
Fish
Beans
Enriched Breads
Healthy Snacks
Peanut Butter
Watermelon
Popcorn
Jell-O
Broil
Vinegar
Cumin

Calcium
Minerals
Pasta
Poultry
Cheese
tortillas
Wash Hands
Broccoli
Sweet Potatoes
Herbs
Gingersnaps
roast
Cilantro

Fats
Calories
Fruits
Meat
Milk
cereals
Yogurt
Grapefruit
Homemade
Spices
Low fat
Onion
Lime



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