Answers to A Healthy You Crossword Puzzle

Across
3- Fats
4- Milk
7- Calories
10- Vegetables
11- Fruits
12- Fish
13- Water

Down
1- Chicken
2- Vitamins
5- Calcium
6- Whole Grain
8- Exercise
9- Nutrition
11- Fiber

Puzzle Located at http://www.variety-games.com/CW/Puzzles/97157691-puzzle.htm