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THE UNIVERSITY of  
TENNESSEE

Winter 2008

## C4P News

### Center for Parenting Update

#### **Regional Parent Education Conferences:**

We will be hosting our Northeast Regional Parent Education Conference in Johnson City on April 4, 2008. Registration forms will be sent out soon, but if you would like to attend please send an email to [center4parenting@utk.edu](mailto:center4parenting@utk.edu).

#### **Presentations:**

Doctoral student, Heather Wallace, presented about the efforts of Tennessee Parent Educators at the University of North Texas 16th Annual Conference on Parent Education in Denton, Texas on February 15th. Her presentation was titled "From Focus Group Research to Application: The Development of a University-based Center for Parenting."

#### **New Office:**

The Center for Parenting is moving to a new office in the Jessie Harris Building on the University of Tennessee campus. This new office will now be our official location.

### Featured Family Program

#### **Parents Are First Teachers (PAFT) – Chattanooga**

The PAFT program was started in 1994 by the Hamilton County Government in order to better prepare children in the county for Kindergarten. The Parents as Teachers curriculum was chosen for this program because it best provided the early childhood education, health, nutrition, and parenting information that Hamilton County parents needed to teach and prepare their children for school. The PAFT program in Chattanooga has served over 900 children and their families and now helps families with children ages prenatal to 5 years of age. Although any family is eligible for the PAFT program, priority enrollment is given to teen parents, single parents, low income families, children or families with identified health or developmental difficulties, and families where there is a low level of parental education. For more information on the PAFT program in Chattanooga contact Marguerite Chambers, PAFT Promotion Manager, at 423-209-6837 or [margueritec@mail.hamiltontn.gov](mailto:margueritec@mail.hamiltontn.gov)

### Keeping You Connected and Informed

- List your classes in the C4P Class Calendar for 2008 (<http://www.center4parenting.org/classSubmit.asp>)
- Visit the C4P TPE Directory to check your profile and notify us at [center4parenting@utk.edu](mailto:center4parenting@utk.edu) if you need changes. No profile? Go here to join: <http://www.center4parenting.org/dirReq.asp>.
- Sign up to receive emails of reports and updates from the Tennessee Commission on Children and Youth (TCCY) on legislation affecting children. Visit <http://www.state.tn.us/tccy/listserv.html>.
- Join the National Parenting Education Network's (NPEN) listserv. (<http://npen.org/listserv.html>)
- Join an email list maintained by the Tennessee Children's Trust Fund, in the Department of Children's Services, that focuses on strengthening families and preventing child abuse. Email Jeanne Brooks at [Jeanne.Brooks@state.tn.us](mailto:Jeanne.Brooks@state.tn.us) to join this list.

### C4P Trivia Question

#### **This edition's trivia question:**

According to research at Columbia University, which teenagers are more likely to smoke, drink, and use drugs: (a) the ones raised by single mothers; or (b) the ones who have bad relationships with their fathers in two-parent families?

Please send your answer to: [center4parenting@utk.edu](mailto:center4parenting@utk.edu)

The first person to answer the trivia question correctly will receive a \$5 Starbucks giftcard!

#### **The answer to last edition's trivia question:**

Bread

#### **The Winner:**

Carol Anderson, Parenting Coordinator with the Hamilton County Chancery & Circuit Court in Chattanooga, TN.

### Meetings and Trainings

**Keeping Kids Safe Training** provided by Prevent Child Abuse Tennessee. Feb. 26th (Knoxville), Feb. 27th (Johnson City), Feb. 29th (Chattanooga), March 4th (Memphis), March 5th (Jackson), and March 6th (Nashville). Each training is from 9:00-3:30. For more information contact Shannon Jordan at 615-383-0994 or email her at [Shannon.Jordan@pcat.org](mailto:Shannon.Jordan@pcat.org).

**Violence Against Women in Tennessee: Our Philosophy and Our Work Conference** March 3-4 at Tennessee State University in Nashville. This conference is hosted by the Tennessee Coalition Against Domestic and Sexual Violence. Contact Dianne Stewart at [dstewart@tcadsv.org](mailto:dstewart@tcadsv.org) for more information.

**Northwest Parenting and Family Education Conference** March 12-14, 2008, Vancouver, WA. Please visit the website for more information: <http://capps.wsu.edu/parenting/>

### Featured Parenting Books

#### **Is This a Phase? Child Development and Parent Strategies, Birth to 6 Years by Helen Neville**

Helen Neville, a pediatric Registered Nurse, has written this book, illustrated by Jenny Williams, to help parents and professionals sort out the complexities of early child development and the ways parents can respond appropriately. The book is full of helpful tables and charts that address developmental stages, sleep patterns, speech concerns, questions children ask and helpful responses, etc. The text is very straight-forward and easy to read.