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THE UNIVERSITY of  
TENNESSEE

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## C4P News

### Center for Parenting Update

#### **Regional Parent Education Conferences:**

We are working to increase the visibility of the center as well as to identify and meet the needs of professionals working with parents. To meet these goals, we hosted a Regional Parent Education Conference for parent educators in Chattanooga on October 19th. Our Keynote Speaker, Carla Snodgrass with Prevent Child Abuse Tennessee, presented on how to engage reluctant participants in parent education classes. Conference participants also had the opportunity to network with each other and learn about the national resources available to parent educators for professional development. Additionally, participants were taught several icebreakers and activities they can use in their own parent education classes. We will be offering additional regional parent education conferences next semester in the mid-state area. Information on these conferences will be sent out after the first of the year.

#### **Sharing with Stakeholders:**

On November 5th, Dr. Stolz and Dr. Brandon presented at the Tennessee Conference on Social Welfare for the Mideast Region at the University of Tennessee.

At the National Council on Family Relations (NCFR) Annual Conference in Pittsburgh, Pennsylvania doctoral student Heather Wallace presented on the Center for Parenting.

Dr. Stolz and Dr. Brandon will also be presenting at the Connecting with Children's Justice 2007: A Team Approach Conference on November 20th in Nashville, Tennessee.

### Featured Family Program

#### **Prevent Child Abuse Tennessee** is

a statewide organization whose mission is to prevent abuse and neglect of Tennessee's children. PCAT provides training for professionals and parents, prevention programs, parent support programs, public education, and advocacy. Their programs include: Parent Pathway (in-home parent coaching for expectant parents and parents with newborns), Nurturing Parent Education classes (for families with substance abuse issues), Circle of Parents (support and education for parents experiencing difficulties), a Parenting Helpline/Domestic Violence Hotline, the Shaken Baby Prevention Initiative as well as ongoing public awareness efforts. PCAT is headquartered in Nashville, but has a presence in all 95 counties. For more information, contact PCAT at 615-383-0994 or visit their website at [www.pcat.org](http://www.pcat.org). Helpline/Hotline number: 1-800-356-6767

### Keeping You Current

#### **Certified Family Life Educator Examination**

The CFLE computer-based exam will be offered during two-week sessions at least three times in 2008. Dates for the two-week sessions will be posted on the website soon.

The examination application, content outline of the exam, recommended resources for preparing for the exam, and a list of testing sites are available on the website:

[http://www.ncfr.org/cert/become/app\\_reg.asp](http://www.ncfr.org/cert/become/app_reg.asp)

### Meetings and Trainings

#### **16th Annual Conference on Parent Education**

February 14-15, 2008, University of North Texas  
For more information, please click here:

<http://www.cpe.unt.edu/conferences.php>

**Partnering with Parents Online Course** begins January 14 and goes through June 20, 2008.

- Gain in-depth understanding of the field of parenting education
- Strengthen your knowledge and skills critical to planning, implementing and evaluating parenting education
- Interact with parenting professionals across the country

Offered by Iowa State Extension. Click here to register:  
[www.extension.iastate.edu/pwp](http://www.extension.iastate.edu/pwp)

#### **Northwest Parenting and Family Education**

**Conference** March 12-14, 2008, Vancouver, WA

Please visit the website for more information:

<http://capps.wsu.edu/parenting/>

### C4P Trivia Question

#### **This edition's trivia question:**

What are you most likely to purchase at a boulangerie?

Please send your answer to: [center4parenting@utk.edu](mailto:center4parenting@utk.edu)

The first person to answer the trivia question correctly will receive a \$5 Starbucks giftcard!

### Featured Parenting Books

#### **ScreamFree Parenting: Raising Your Kids by Keeping Your Cool by Hal Edward Runkel**

"ScreamFree Parenting offers a revolutionary new option: by inviting parents to focus on themselves, grow themselves up, and calm themselves down. The ScreamFree Parenting principles will lead parents of all ages (with kids of all ages) to create and enjoy the family relationships they've always craved - starting now."

#### **The Positive Parent by Kerby T. Alvy**

"... an essential resource for navigating the challenges and opportunities that today's families face."

Dr. Kerby T. Alvy is a nationally respected authority on child development and effective parenting. He demonstrates how to help children reach their full potential through the power of positive parenting.

In his book, Dr. Alvy discusses the issues and challenges that are particular to raising children in modern times, as well as the research that points to the types of parenting that are most beneficial and the types that are least helpful.

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at [center4parenting@utk.edu](mailto:center4parenting@utk.edu) or call 865-974-3922