Dear FCE Friends,

What a wonderful trip my husband and I had this summer when we flew to Seattle and put almost 4200 miles on a Mustang convertible in northern WA and BC, Canada to celebrate our 40th anniversary (as well as a milestone birthday for me)! Jim and I have enjoyed many miles and smiles together, from finding a grizzly in the wild while on a “Rent-a-Wreck” Adventure on the Alaska Highway in the Yukon (an impromptu day trip while on an Alaskan cruise), to Zig-Zagging the islands of New Zealand. We have literally driven many extra miles together, just to see what beauty lies around the next bend. We share a sense of adventure but the real secret of our successful marriage is going the extra mile for each other. We always put the other person first—putting the other’s needs before our own, and do things to make the other happy. We go the extra mile!

Matthew 5:41 says, “And whosoever shall compel thee to go a mile, go with him twain.” This is a great thing for us as FCE members, as volunteers in our communities, to remember. In whatever project we are doing or with whomever we are working alongside, always GO THE EXTRA MILE!

Enjoy the miles to come!

Emma
Emma S. Shupe, TAFCE-WR President

“One of the most important principles of success is developing the habit of going the extra mile.”
—Napoleon Hill

DATES
Oct 30-Nov 2  TAFCE Conference, Murfreesboro
Jan 10  Leadership-In-Action, Madison Co Ext Office, snow-date Jan 17
Aug 1  tentative Mini-Conference, place to be determined
Nov 5-8  TAFCE Conference, Knoxville

“Do more than is required. What is the difference between someone who achieves their goals consistently and those who spend their lives and careers merely following? The extra mile.”
—Gary Ryan Blair

REPORTS
Mini-Conference
Western Region’s Annual Mini-Conference, held on July 26th, was a great success. Thanks to everyone who went the extra mile to help!

Congratulations to the following members who went the extra mile with their creations:

CREATIVE WRITING
Poetry
1st Mary Jane Stansbury, Lawrence
2nd Debbie Schmidt, Houston
3rd Kathy Page, Obion

Essay
1st Hazel Gray, Union
2nd Janie Jones, Dickson
3rd Laura Rummans, Lawrence

Short Story
1st Pat Smith, Montgomery
2nd Elaine Wright, Montgomery
3rd Sandy Tolar, Obion
3rd Sandra Bass, McNairy
October 2016

Children’s Story
1st Debbie Schmidt, Houston
2nd Sandy Tolar, Obion
3rd Patricia Long, Lawrence

Feature Article/News Article
1st Barbara Crews, Lawrence
2nd JoAnne Gill, Weakley
3rd Emma Shupe, Humphreys

Miscellaneous
1st Hazel Gray, Obion
2nd Aileen Edwards, Weakley
3rd Ann Luther, Dickson

CULTURAL ARTS
Basketry 1st Betsy Ligon, Houston
2nd Nancy Hoehn, Humphreys

Beadwork 1st Jerry Seamans, Weakley
2nd Kim Taylor, Lawrence

Ceramics 1st Nita Simpson, Obion

Chairs/Stools 1st Ella Fay Bright, McNairy
2nd Nadine Killion, Obion

Crochet 1st Candace Woods, Humphreys
2nd Jane Stansbury, Lawrence

Cross-stitch 1st Darlene Kobylas, Houston
2nd Judy Fischer, Chester

Cross-st Other 1st Lupita Berner, Obion
2nd Mary Elizabeth Bell, Weakley

Dec Painting 1st Phoebe Ray, Lawrence
2nd Pat Calhoun, Weakley

Dolls 1st Roberta Bowley, Dickson
2nd Nadine Killion, Obion

Embroid Hand 1st Brenda Winstead, Weakley
2nd Carlene Tenpenny, Madison

Embroid Mach 1st Ann Luther, Dickson
2nd Bettina Nuckols, Montgomery

FAP Acrylics 1st Lequita Lambert, McNairy
2nd Carole Fox, Stewart

FAP Char/Dr 1st Debbie Schmidt, Houston
2nd Sandy Hart

FAP Oil 1st June Ross, Humphreys
2nd Lequita Lambert, McNairy

FAP Watercolor 1st June Ross, Humphreys
2nd Linda Frank, Hardin

Handcraft Toy 1st Diane Johnson, Obion
2nd Anna Johnston, Lauderdale

Hand Stitching 1st Carlene Tenpenny, Madison
2nd Lupita Berner, Obion

Holiday Dec 1st Judi Fischer, Chester
2nd Helen Edlin, Dickson

Knitting Hand 1st Nancy Hoehn, Humphreys
2nd Sharon Mayes, Dickson

Needlepoint 1st Jean Marr, Montgomery
2nd Jane Stansbury, Lawrence

Photo B/W 1st Lee Bittinger, Montgomery
2nd Ann Luther, Dickson

Photo Color 1st Angie Menec, Carroll
2nd Debbie Schmidt, Houston

Pottery 1st Sandy Hart, Montgomery
2nd Gretchen Turner, Humphreys

Quilt App/CW 1st Rita Downs, Houston
2nd Julia Alley, Lauderdale

Quilt Baby/Lap 1st Brenda Maclin, Lauderdale
2nd Susan Maynard, Dickson

Quilt Em Hand 1st Brenda Winstead, Weakley
2nd Merlyn Brewer, Lawrence

Quilt HPHQ 1st Dorothy Sanders, Dickson
Quilt MPHQ 1st Sharon Townsend, McNairy
2nd Charlotte Pierce, Obion

Quilt MPMQ 1st Virginia Maccallum, Houston
2nd Roberta Bowley, Dickson

Quilt Prof Q 1st Debbie White, Gibson
2nd Judi Fischer, Chester

Quilt Pillow 1st Virginia Maccallum, Houston
2nd Glenda Moore, McNairy

Quilt Wall Hng 1st Brenda Winstead, Weakley
2nd Lillie Zimmerman, Lawrence

Quilt Other 1st Diane Vernon, Decatur
2nd Carolyn Bingham, Madison

Rug Making 1st Nadine Killion, Obion
2nd Jane Stansbury, Lawrence

Sculpture 1st Sandy Hart, Montgomery
2nd Susan Maynard, Dickson

Stained Glass 1st Bonnie Newman, Hardin
2nd Nancy Lietz, Dickson

Weaving Hand 1st Charlotte Pierce, Obion
2nd Esther Button, Houston

Weaving Loom 1st Gloria Roberts, Lawrence

Wood Carving 1st Nita Simpson, Obion

Best of Show: Darlene Kobylas, Cross-stitch, below left

Viewer’s Choice: Jean Marr, Needlepoint, above right
**FASHION REVUE**

<table>
<thead>
<tr>
<th>Category</th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suit/Dressy/Better Dress</td>
<td>Brenda Gray, Obion</td>
<td>Nancy Tankersley, Obion</td>
<td>Betty Quarles, Chester</td>
</tr>
<tr>
<td>Jacket/Blazer/Coat</td>
<td>Charlotte Pierce, Obion</td>
<td></td>
<td>Betty Quarles, Chester</td>
</tr>
<tr>
<td>Casual/Active Wear</td>
<td>Brenda Gray, Obion</td>
<td>Charlotte Pierce, Obion</td>
<td>Betty Quarles, Chester</td>
</tr>
<tr>
<td>Child Casual/Better Wear</td>
<td>JoAnne Gill, Weakley</td>
<td>Julia Alley, Lauderdale</td>
<td>Betty Quarles, Chester</td>
</tr>
<tr>
<td>Sewing for Adult</td>
<td>Charlotte Pierce, Obion</td>
<td>Betty Quarles, Chester</td>
<td></td>
</tr>
<tr>
<td>Recycled Garment</td>
<td>Esther Button, Houston</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wardrobe Accessory</td>
<td>Charlotte Pierce, Obion</td>
<td>Martha Espey, Gibson</td>
<td>Anna Johnston, Lauderdale</td>
</tr>
<tr>
<td>Decorative Sweatwear</td>
<td>Alice Fennel, Obion</td>
<td>Lupita Berner, Obion</td>
<td></td>
</tr>
<tr>
<td>Best Fashion Purchase Casual Wear</td>
<td>Susyn Dragness, Hardin</td>
<td>Rochelle McClain, Obion</td>
<td>Betty Ray, Lauderdale</td>
</tr>
<tr>
<td>Best Fashion Purchase Better Dress</td>
<td>Alice Fennel, Obion</td>
<td>Yoruba Brewer, Obion</td>
<td>Julia Alley, Lauderdale</td>
</tr>
</tbody>
</table>

**Leadership-In-Action**

"FCE—Reaching Out, Staying Connected" will be the theme for Western Region’s Leadership-In-Action. It will be held on January 10th, with snow-date January 17th, at the Madison County Extension Office, Jackson.

Following up on our VOLUNTEER focus this year, each county is asked to bring a tri-fold display board, a collage of members in CVU action: CVUing!

Our focus for 2017 is COMMUNICATION. In keeping with this focus, there is an information sheet for our Share-Time attached to this newsletter. Please look it over and jot down pertinent info so you can come to L-I-A prepared to share information from your county.

The registration form is attached and on the website. Registration and the $10 required fee, which includes lunch, is due to Treasurer Sheryl Butcher by January 3rd.

"Whenever you find yourself doubting how far you can go, just remember how far you have come; remember everything you have faced, all the battles you have won, and all the fears you have overcome." —unknown

**TAFCE-WR BOARD NEWS**

**Vice President for Programs, Pamela Carroll**

The offices of President-Elect, Vice President for Programs and Secretary will be open for election at our next mini-conference.

**Vice President for Public Policy, Linda Capra**

We currently have 14 on the waiting list for FCL. The TAFCE Board has increased the rate for attendance, so Western Region attendees will each be required to make a $90 deposit (instead of $80), refundable after class attendance.

When it’s time to report CVU hours, please remember to report them in 500 hour increments only, saving less than 500 or those hours more than 500 for the following year.

**Secretary, Lee Bittinger**

Please send your 2017 County Council Officer information to me by November 1st so I can compile our regional directory. My address is Lee Bittinger, 338 Golden Drive, Clarksville, TN 37040.
October 2016

Treasurer, Sheryl Butcher

Please send the appropriate membership information (forms found on our regional website) and dues to me. My address is Sheryl Butcher, 623 Stonewall Lane, Clarksville, TN 37040.

We are having our Membership Drive again! Please see the attached information sheet, recruit new members and SCORE FOR TEAM FCE!!

Education Chairs, Carolyn Simpson, Esther Button, Jerry Seamans

We are still having trouble with counties using the wrong Cultural Arts forms for sending winning entries; please check our website for the current year’s forms! Also, entry tags are not being attached to the items; these tags are mailed to the person who sends the list, and are required to be attached prior to entering items the day of mini-conference. Your county cooperation with this will make registration much easier for everyone!

COUNTY NEWS

Humphreys County

The Humphreys County Council for FCE will hold its annual auction to raise money for scholarships for graduating high school seniors at our Pinktober Fall FCE Day on October 10th at the Blue Creek Ag Building, Waverly. The event, which is open to everyone, will begin at 10:30 AM with a program on Breast Cancer Awareness by Dickson County FCS Agent Janet Cluck. This will be followed by a potluck luncheon (bring a dish to share), then our auction. Contact Emma Shupe at 931-209-0256 for more info.

McNairy County

The Leapwood FCE Ladies are starting anew! We have changed our name to Sharing Hearts FCE Club and have moved our club meeting place. We are looking forward to a new beginning and all that it brings, but we are as busy as ever. Our ladies held a Kitchen Shower for one of the local churches, participated in the Back to School Fest with Selmer and Stantonville FCE clubs of McNairy County, and have had a few work days on car seat blankets and tag blankets. Barbara Isbell and Lila Pollock took our donation of 45 car seat blankets and 50 pillow cases to Jackson-Madison County General Hospital. We are very proud of Lequeita Lambert on her Cultural Art wins in the county and region.

—Patricia Davison

Pictured are Lila Pollock, Glenda Moore, Diane Uher, Chandra Moore, Barbara Isbell, Jane Mulder, Kay Donahoe and Jayne Krotchko.
Weakley County

Weakley County FCE members Brenda Winstead and Jerry Seamans are shown in the picture below, judging Senior Arts and Crafts at the Obion County Fair, along with Obion County FCE member and fair worker, Jane Fisher.

Weakley County FCE members Mary Elizabeth Bell and Brenda Winstead are shown in the picture below, volunteering at 4-H Line and Design Camp at UT Martin.

“Stop blaming people for not helping you to solve your problems. The question is simple: are they the ones in the problem with you? People may teach you, people may advise you, people may inspire you, but it takes YOU to go the extra mile and make an indelible impact!” —Israelmore Ayivor

“Life should not be a journey to the grave with the intention of arriving safely in an attractive and well preserved body, but rather to skid in sideways, body thoroughly used up, totally worn out and screaming ‘WOO HOO, WHAT A RIDE!’”

—unknown

“Don’t count the days; make the days count!”

—Muhammad Ali

GO THE EXTRA MILE!!!
Tennessee Association for Family and Community Education-Western Region’s focus for 2017 is COMMUNICATION. We want to stress the importance of sharing information, both to our membership and outside our membership, to help keep our organization strong, exciting and growing. Communication within our clubs and our county, region, state and national organizations is vital to keep our membership informed, engaged and enthusiastic.

Our regional newsletter is one means of communication. This newsletter can be found at the beginning of each quarter (January, April, July and October) on another means of communication, our regional website which can be accessed through Western Region UT Extension (click on Family).

Our regional, state and national meetings also serve as means of communication. Leadership-In-Action will be held on January 10, 2017 (snow-date January 17) at the Madison County Extension Office. Please look over the SHARE-TIME IDEAS that follow and list responses below, on the back, or on a separate sheet, and bring your responses to L-I-A to share in small group. Please communicate the SHARE-TIME IDEAS sheet with other county members who plan to attend L-I-A so they can come prepared to share.

SHARE-TIME IDEAS:

1. PLEASE LIST IDEAS, PROGRAMS, TRAININGS, WORKSHOPS, EVENTS, SOCIAL MEDIA, ETC. THAT WORK WELL IN YOUR COUNTY:

2. PLEASE LIST MEETING THEMES, DECORATING IDEAS, FOOD THEMES, ETC. THAT HAVE BEEN USED SUCCESSFULLY IN YOUR COUNTY:

3. PLEASE LIST VOLUNTEER ACTIVITIES, COMMUNITY OUTREACH, EDUCATIONAL OUTREACH PROGRAMS, ETC. THAT WORK IN YOUR COUNTY:

4. PLEASE BRING AT LEAST ONE COPY OF YOUR COUNTY YEARBOOK TO SHARE, ALONG WITH BROCHURES, NEWSLETTERS, ETC.

“Communication is key: it’s the most important thing in life. It gets us to a more educated, thoughtful place, because we often come to things from different directions—although we want to get to the same space and have the same goal and vision, but that conversation is what gets us there.” —Mary-Kate Olsen

“Communication is what makes a team strong.” —Brian McClennan
“FCE—Reaching Out, Staying Connected”

Registration, Refreshments, Set-up Displays  8:30-9:25 AM
Morning Session Begins  9:30
Followed by Lunch and Viewing Displays
Followed by Afternoon Session

-This will be an informative day with a program in **Family and Community Leadership**.
-All FCE members are welcome to attend, and officers are strongly encouraged.
-County **CVUing** display boards will be viewed and discussed. Each county is asked to bring one tri-fold display board, a collage of their members in CVU Action: **CVUing**.
-Please see the **SHARE-TIME SHEET** attached to the October Newsletter in order to come prepared to share ideas for things that work in your county. This will be a great time to gleam ideas from other counties!
-Dress is casual. Please bring a sweater if you tend to get chilled.
-Lunch will be catered by Heavenly Ham and is included in the registration cost. **THE $10 REGISTRATION FEE IS REQUIRED FROM ALL WHO ATTEND.** Fees are non-refundable and transferrable in-county only. Please circle your choices on the form below, and mail the form with $10.00 to WR Treasurer Sheryl Butcher by January 3, 2017.

Name________________________________________________Phone_________
Address____________________________________________________________
County_____________________________________________________________

**White/Wheat**    **Ham/Turkey/Roast Beef**    **Cookie/Fruit Cup**
**Diet Coke/Diet Sprite/Diet Dr. Pepper/Coke/Sprite/Dr. Pepper/Water**

Mail **$ 10.00/person** (REQUIRED, transferable in-county but not refundable)
by January 3, 2017, to:
Sheryl Butcher, 623 Stonewall Lane, Clarksville, TN 37040
Phone: 931-561-3331 Email: sheryl.butcher@yahoo.com
It’s Football Time in Tennessee!  
Time to Score for Team FCE!

FCE is all about TEAMWORK! GO DEFENSE and score a safety, or GO OFFENSE and help our TEAM drive down the field to score! Score points with new memberships! FCE needs new TEAM PLAYERS!

SAFETY!  
2 Points: Recruit 2 new members to receive a lapel pin.

FIELD GOAL!  
3 Points: Recruit 3 new members to receive a lapel pin, plus recognition at Leadership-In-Action, and in the WR newsletter.

TOUCHDOWN!  
7 Points: Recruit 7 new members to receive a lapel pin, special recognitions, and a coupon for Leadership-In-Action registration.

For you to qualify, your new member must pay his/her 2017 dues, and these dues must be sent to the Western Region Treasurer before December 31, 2016. Any new member you recruited in 2016 may be counted.

Send your name and contact information, along with the names and contact information for your newly recruited members, to WR Treasurer Sheryl Butcher, 623 Stonewall Lane, Clarksville, TN 37040, by December 31, 2016, for verification.

GO TEAM FCE!!! SCORE!!!