Dear FCE Friends,

I would like to share some things I have learned from “my summer in a boot” (broken right foot 5th metatarsal):
1—Let others do for you—this gives your loved ones the chance to feel good about helping, while showing you how much they truly love you (my wonderful husband has been so great and helpful; he has learned how to cook, vacuum, mow, shop, and even helped with canning green beans!).
2—Turn a blind eye to some of the things that normally bother you—housework really can wait, and the bed does not have to be “made” with the frou-frou pillows every day (just don’t tell my daughters I said that!).
3—Exercise really is so very important—it doesn't take long for energy levels to plummet due to lack of exercise (oh, how I missed, missed, missed my walks outside, and working in my garden).
4—Boots are too hot for summer—but can make for great conversation starters with perfect strangers; sometimes the strangest things can lead to new friendships.
5—Life goes on, weeds continue to grow, but sometimes it’s simply good for us to let our bodies and minds rest and recover—relax and enjoy; it’ll all be there waiting (especially those weeds!)...

Stay safe, and watch out for the small things that can trip us up!

Emma
Emma S. Shupe, TAFCE-WR President

“True happiness comes not when we get rid of all of our problems, but when we change our relationship to them, when we see our problems as a potential source of awakening, opportunities to practice, and to learn.” —Richard Carlson

DATES
Leadership-In-Action:
January 12, 2016 (snow date Jan.19),
Madison Co Extension, Jackson

Mini-Conference:
August 2, 2016, tentative, location to be determined

TAFCE Board Report
-TAFCE Board has made the following changes to Cultural Arts:
  -Fine Art Painting Pastels/Acrylics will be separated into two categories,
  -Embroidered Quilt will be separated into two categories—Hand Embroidered and Machine Embroidered.

Please find the new Cultural Arts Categories form, with new category numbers, on the region website.

-The policy for getting a new category for Cultural Arts is for each region to try the suggested category in region for three years to check participation results. If the region has good participation over the three year period, the category can then be submitted to TAFCE for addition. The suggestion for a new category for Cultural Arts should be submitted in writing to the regional Cultural
Arts chair (Western Region Cultural Arts Chairs Debbie Schmidt or Carolyn Simpson) who will submit it to the region board to determine if the category will be tried in region.

-State Project Report Forms have been revised and can be found on the region website.

-TAFCE Board would like to encourage all of our Tennessee fce members to join NAFCE (National Association for Family and Community Education). NAFCE is our parent organization, owning the fce logo, and writes The Hearth Fire Series, FCL educational materials, and fce Today. NAFCE needs the support of ALL fce members.

-The 2016 NAFCE membership form can be found on the region website. This form with the original signature (not a form with a copied signature), along with appropriate dues, should be sent from the county treasurer to the region treasurer (WR Treasurer Jann Vanderlinden).

-Tennessee has been selected to host the NAFCE Conference July 14-17, 2016, in Memphis.

**CULTURAL ARTS**

**Congratulations** to the following winners at Western Region Annual Mini-Conference, now eligible to go on to the state competition at TAFCE Conference: Basketry

1st Gretchen Turner, Humphreys  
2nd Lea Elola, Dickson

Beadwork

1st Jerry Seamans, Weakley  
2nd Anna Johnston, Lauderdale

Ceramics

1st Nita Simpson, Obion  
2nd Sandra Newman, Gibson

Chairs & Stools

1st Nadine Killion, Obion  
2nd Debbie Schmidt, Houston

Crochet

1st Candace Woods, Humphreys  
2nd Thelma Welch, Dickson

Cross-stitch: Counted

1st Bettina Nuckolls, Montgomery  
2nd Judi Fisher, Chester

Cross-stitch: Other

1st Jane Morris, Chester  
2nd Frances Allen, Obion

Decorative Painting

1st Pat Calhoun, Weakley  
2nd Joanne Gill, Weakley

Dolls

1st Anna Johnston, Lauderdale  
2nd Jane Stansbury, Lawrence

Embroidery: Hand

1st Jane Morris, Chester  
2nd Charlotte Pierce, Obion

Embroidery: Machine

1st Ann Luther, Dickson  
2nd Bettina Nuckolls, Montgomery

Fine Art Painting: Oil

1st Debbie Schmidt, Houston  
2nd Joan Bedwell, McNairy

Fine Art Painting: Watercolor

1st Alice Poole, Dickson  
2nd Cindy Summers, Henry

Fine Art Painting: Pastel/Acrylic

1st Bettina Nuckolls, Montgomery  
2nd Nancy Cox, Houston

Fine Art Painting: Drawing/Charcoal

1st Debbie Schmidt, Houston

Handcrafted Toy

1st Anna Johnston, Lauderdale  
2nd Diane Johnson, Obion

Hand Stitchery

1st Charlene Tenpenny, Madison  
2nd Norma Kimbro, Dickson

Holiday Decoration

1st Judi Fisher, Chester  
2nd Virginia McCallum, Houston

Knitting: Hand

1st Nadine Killion, Obion  
2nd Beth Tatoma, Chester
Knitting: Machine (no entry)
Needlepoint (no entry)
Photography: Color
  1st Jerry Seamans, Weakley
  2nd Dorothy Farner, Gibson
Photography: B/W
  1st Mary Elizabeth Bell, Weakley
  2nd Dorothy Farner, Gibson
Pottery
  1st Nadine Killion Obion
  2nd Gretchen Turner, Humphreys
Quilts: Baby/lap
  1st Beth Tat, Chester
  2nd Frances Allen, Obion
Quilts: HPHQ
  1st Linda Kent, Chester
Quilts: MPHQ
  1st Jeanette Proctor, Obion
  2nd Janice Gibson, Gibson
Quilts: HPMQ
  1st Anita Fish, Obion
  2nd Sarah Wade, Humphreys
Quilts: MPHQ
  1st Helen Moore, Houston
  2nd Patsy Adams, Houston
Quilts: Cathedral Window
  1st Debbie White, Gibson
  2nd Jeanette Proctor, Obion
Quilts: Appliqué
  1st Mary Elizabeth Davis, Obion
  2nd Nadine Killion, Obion
Quilts: Embroidered (no entry)
Quilts: Other/Pillow
  1st Lila Pollock, McNairy
  2nd Susan Maynard, Dickson
Quilts: Other/Wall Hanging
  1st Brenda Winstead, Weakley
  2nd Terri Embry, McNairy
Quilts: Other/Any Other
  1st Glenda Moore, McNairy
  2nd Diane Uher, McNairy
Rug Making
  1st Natalie Carter, Houston
  2nd Jane Stansbury, Lawrence
Sculpture
  1st Gretchen Turner, Humphreys
  2nd Susan May, Dickson
Stained Glass
  1st June Ross, Humphreys
  2nd Sharon Vasquez, McNairy
Tatting
  1st Jane Fisher, Obion
  2nd Juanita Mitchell, Dickson
Weaving: Hand
  1st Cindy Summers, Henry
  2nd Serena Warren, Humphreys
Weaving: Loom
  1st Cindy Summers, Henry
  2nd Anna Johnston, Lauderdale
Woodcarving
  1st Nita Simpson, Obion
  Linda Christensen, Houston

Cultural Arts Viewer’s Choice:

Bettina Nuckolls, Montgomery County, Counted Cross-stitch

**FASHION REVUE**

*Congratulations* to the following winners at Western Region Annual Mini-Conference, now eligible to go on to the state competition at TAFCE Conference:

1 Suit/Dressy Ensemble/Better Dress
   1st Charlotte Pierce, Obion
   2nd Nancy Tankersley, Obion
2 Jacket/Blazer/Coat
   1st Charlotte Pierce, Obion
   2nd Anna Johnston, Lauderdale
3 Casual/Active Wear
1st Charlotte Pierce, Obion
2nd Ellna Roland, Chester

4 Child Casual/Better Wear
1st Joanne Gill, Weakley
2nd Alice Poole, Dickson

5 Teen Casual/Better Wear
1st Janice Gibson, Gibson

6 Sewing for Adult
1st Ellna Roland, Chester
2nd Nadine Killion, Obion

7 Recycled Garment (no entry)

8 Wardrobe Accessory
1st Geraldine Finn, Dickson
2nd Charlotte Pierce, Obion

9 Decorative Sweat Wear (no entry)

10 Best Fashion Purchase/Casual Wear
1st Judi Fisher, Chester
2nd Mary Elizabeth Bell, Weakley

11 Best Fashion Purchase/Better Dress
1st Julia Alley, Lauderdale
2nd Alice Fennel, Obion

CREATIVE WRITING
Congratulations to the following winners at Western Region Annual Mini-Conference. These winning entries have been sent on to the TAFCE competition:

POETRY
1st Kathy Page, Obion
2nd Mary Jane Stansbury, Lawrence

ESSAY
1st Janie Jones, Dickson
2nd Patricia Long, Lawrence

SHORT STORY
1st Debbie Schmidt, Houston
2nd Patricia Long, Lawrence

CHILDREN’S STORY
1st Mary Towater, Carroll

FEATURE ARTICLE/NEWS ARTICLE
1st Laura Rummans, Lawrence
2nd Joanne Gill, Weakley

MISCELLANEOUS
1st Jerry Seamans, Weakley
2nd Sandra Bass, McNairy

FCL is an NAFCE educational program which teaches skills in leadership development. Areas of study include leadership, communication, group process, issue analysis and resolution, public policy, volunteerism, teaching techniques, ethical leadership, and mentoring.

TAFCE offers FCL training classes yearly in April and August. Each is a two day session, which includes accommodations at the Comfort Suites in Lebanon, and dinner on Tuesday.

Western Region can pay to send 6 members to each session. (This money comes from the basket auction at Mini-Conference, in the years our region does not host the state conference.) Application forms should be sent to the regional Vice President for Public Policy, Linda Capra, and is selected on a first come, first serve basis. Beginning in 2016, each person going to an FCL training session will be required to send an $80 deposit to the regional treasurer, refundable after completion of the session.

FCL classes are team taught by fce volunteers who have completed FCE. They use FCL training materials which come from NAFCE. FCL certification from NAFCE can be obtained after completing 30 hours of training; two two-day sessions are required to graduate. Graduates can become Certified FCL Trainers after completing the necessary requirements (these can be found on the NAFCE website).

Those receiving FCL training are then asked to share their experience and the knowledge learned with their fellow members, and to use the training to become leaders in fce and their communities.
This year’s TAFCE-WR Annual Mini-Conference was held August 4th at the Carl Perkins Civic Center in Jackson. Evaluations were very positive, especially for our Literacy speaker, Cynthia Crane with the Governor’s Books from Birth Foundation, a partnership with Dolly Parton’s Imagination Library. Cultural Arts and Fashion Revue received high marks, with much praise for FR Emcee Carol Reese. The basket auction raised $1,017, this year going to the Hospitality Room at TAFCE Conference (with four counties having yet to pay the required $50).

**TAFCE CONFERENCE REPORT**
All committees are working hard to help make this TAFCE Conference a huge success, and we can’t wait to “fly you on the Cumberland” November 8-11 in Clarksville!

**2014 STATE PROJECT REPORTS**
Western Region had 12 counties reporting a total of:
- 21,090 volunteer hours in Literacy reaching 39,303 people;
- 60,873 volunteer hours in Community Action reaching 437,362 people; and
- 23,600 volunteer hours in Education reaching 472,955 people.
That is a regional total of 105,563 volunteer hours reaching 949,620 people!

The total for TAFCE is 400,833 volunteer hours reaching 2,437,153 people. At the 2014 volunteer rate, our reported volunteer service has a value of over **$9 MILLION**. Impressively!

“A huge thank you from TEAM FCE to the following who recruited 3 (or more) new members, scoring a field goal, during our “football” membership drive in 2014:
- Jane Mulder, McNairy
- Pam Carroll, McNairy
- Hilda Ashe, McNairy
- Barbara Isbell, McNairy
- Lila Pollock, McNairy
- Carol Latimer, McNairy
- Judy Hammons, McNairy
- Debby Johnson, Montgomery
- Doris Fairrow, Montgomery (5 members)
- Jeanetta Alexander-Williams, Montgomery (6 members)

This membership drive is underway again. Please see the attached flier, and score for **TEAM FCE** by recruiting new members!

**COUNTY NEWS**

**Dickson County:**
Dickson County FCE is putting us in the public eye. Alice Poole, President-elect, constructed a bulletin board displayed at the Dickson Public Library, highlighting the many programs we have in FCE. Members are also working diligently on their educational booths for the Dickson County Fair, beginning Labor Day. Booths will be under an FCE umbrella, with themes on Family, Community and Education. We’re excited to show the county who we are and what we do.

Dickson County is excited to again have the
state Character Counts winner. Hannah Simpson will be invited to the state conference to read her essay on “Responsibility.”

Our essay and art contest for 2016 begins this fall, with the pillar “Fairness.” If your county would like to participate and needs assistance, please call Dickson County.

**Humphreys County:**
Humphreys County FCE would like to invite you to our *Fall FCE Day & Auction*, October 12, 2015, at the Blue Creek Ag Building in Waverly. The event will begin with a Potluck Luncheon at 11:00 am, followed by the auction, your chance to purchase great items while helping a great cause. Proceeds from the auction go to our scholarship fund. Please call Emma Shupe at 931-209-0256 for more info.

Humphreys County is sad to report that FCS Agent Karen Leggett will be leaving at the end of September. Karen also served as an Agent Advisor to the Western Region Board.

Humphreys County Council for FCE hosted a “Farewell Luncheon” for Karen Leggett on September 16, 2015, at Waverly United Methodist Church. We thank Karen for her years of service to UT Extension, to Humphreys County FCE, to the WR Board, and to our communities. She will be missed. We wish her well as she returns “home” to South Carolina!

**Lawrence County:**
Lawrence County FCE has completed our FCE Friendship Quilt hanging. It will be displayed in the Lawrence County Extension Office Meeting Room. Each club donated a block representing their club. Those are Deerfield, East Lawrenceburg, Fall River, Four Corners, Henryville, Highland Park, New Prospect, Red Hill, and Town and Country. We had several ladies from all clubs that worked on this project.

Over the last couple of years, some of the clubs made their own quilt hangings. We did this to help with the sound due to the fact that walls are block. Also, the quilts give the room a better look.

Pictured left to right are: Church Dash, Henryville; Log Cabin, Red Hill; Iris Chain, Fall River.

Pictured left to right are: Drunken’ Path, Deerfield; Ohio Star, New Prospect; Nine Patches, East Lawrenceburg.

Other wall hangings are in the works. Can’t wait to see what they come up with.

—Patricia Long, Secretary/Reporter
McNairy County:

Weakley County

Weakley County FCE members volunteered at Line & Design Camp at UT Martin this summer.

Weakley County FCE members Brenda Winstead and Mary Elizabeth Bell are shown assisting campers with the sewing project. Both members volunteered two full days this summer, and have served as volunteers since the first camp.

Western Region donates $300 for scholarships to Line & Design Camp each year. If you would like to volunteer to help at camp next summer, contact your county FCS Agent.

If your county is not here, your County Council President should insure that info for the next newsletter is to Emma Shupe by December 11th.

Line & Design Camp

One of this year’s Line & Design Camp scholarship recipients was Brooklyn Reeves, from Huron, TN. This thank you note was received from Brooklyn:

"I had so much fun at camp. Thank you for your generosity and helping me go to camp. I’m hoping to go again next year. I met my new best friend at camp. Thanks to you! I enjoyed the sewing. Sincerely, Brooklyn"

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"Everyone is handed adversity in life. No one’s journey is easy. It’s how they handle it that makes people unique."

—Kevin Conroy

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"Every great man, every successful man, no matter what the field of endeavor, has known the magic that lies in these words: every adversity has the seed of an equivalent or greater benefit."

—W. Clement Stone
It’s Football Time in Tennessee!
Time to Score for Team FCE!

FCE is all about TEAMWORK! GO DEFENSE and score a safety, or GO OFFENSE and help our TEAM drive down the field to score! Score points with new memberships! FCE needs new TEAM PLAYERS!

SAFETY!
2 Points: Recruit 2 new members to receive a lapel pin.

FIELD GOAL!
3 Points: Recruit 3 new members to receive a lapel pin, plus recognition at Leadership-In-Action, and in the WR newsletter.

TOUCHDOWN!
7 Points: Recruit 7 new members to receive a lapel pin, special recognitions, and a coupon for Leadership-In-Action registration.

For you to qualify, your new member must pay his/her 2016 dues, and these dues must be sent to the Western Region Treasurer before December 31, 2015. Any new member you recruited in 2015 may be counted.

Send your name and contact information, along with the names and contact information for your newly recruited members, to WR Treasurer Jann Vanderlinden, 155 Frazier Cemetery Road, Dickson, TN 37055, by December 31, 2015, for verification.

GO TEAM FCE!!! SCORE!!!