

***Family & Consumer Sciences***  
***Joy Powell, Agent & County Director***

UT Extension will be offering **Cancer: Thriving and Surviving**. This free six-week self-management workshop is designed to help cancer survivors to live more active and fulfilling lives. Each session provides information and practical tools to help individuals manage symptoms, challenges, and day-to-day tasks in small supportive classes. By participating in a free two-hour six-session workshop, you will learn ways to:

- Deal with problems, such as frustration, fatigue, pain, isolation, and poor sleep.
- Regain and maintain flexibility and endurance.
- Make decisions about treatment and complementary therapies.
- Communicate effectively with family, friends, and health professionals.
- Set priorities.
- Make better nutrition and exercise choices.
- Develop and improve relationships.

These classes will be offered at the **Waynesboro Senior Citizens Center**. Class dates are: Oct. 18, Oct. 25, Nov. 1, Nov. 8, Nov. 15, and Nov. 29. Workshop will be 9:00 am to 11:00 am. Call the Extension Office to register for the workshop.

I will continue to offer **Parenting Apart: Effective Co-Parenting Classes** throughout the year. This is an educational program offered by UT Extension throughout the year to Divorcing Parents. This is required by the state of Tennessee when parents of children under 18 years of age are getting a divorce. It is a one-time class session of 4 hours. Call the office to register for this class.

The FCS program offers various educational opportunities in the fields of the following: Family Economics, Health and Safety, Human Development, Nutrition. If you or anyone you know is interested in becoming a member of one of our five **FCE Clubs** located throughout the county, please contact the Extension Office at 722-3229. UT-TSU Extension provide equal opportunities in programs.

**Upcoming Events:**

- Relay for Life – Aug. 12<sup>th</sup> – 5 pm - 9pm – City Park
- Ladies in Pink Savory Salad Supper – Aug. 25<sup>th</sup> – 6pm - WMS - \$10
- Old Timers Day – Sept. 2<sup>nd</sup> – Collinwood Park
- Horseshoe Riverbend Festival – Sept. 7<sup>th</sup>-9<sup>th</sup> – Clifton
- Quilts for Vets – Sept. 23<sup>rd</sup> – 10am-2pm - Fabrik Emporium – Special Guest: Marsha Blackburn, Joey Hensley and David Byrd
- Wear Pink Day – Oct. 1st
- Bells of Remembrance – Oct. 28<sup>th</sup> – 12:00-1:30 – Waynesboro Church of Christ

**4-H -Youth Development**  
**Samantha Morrow, Agent**

**The Wayne County 4-H will be offering several fun opportunities in the upcoming months!**

**August 26 – Western Region Fall Judging Day in Jackson, TN.** Competitions offered are Life Skills (5<sup>th</sup>-8<sup>th</sup> grade), Consumer Decision Making (9<sup>th</sup>-12<sup>th</sup> grade) and Meat Judging (9<sup>th</sup>-12<sup>th</sup> grade). If you are interested in participating, please call me at the office to set up a time for training – you may compete as an individual or as a team of 3 or 4 people.

**September 16 – 1<sup>st</sup> Annual 4-H Dog Show, Tractor Supply in Waynesboro, TN.** We will have multiple categories to compete in and prizes will be awarded.

**September 23 – 4-H Fundraiser at Tractor Supply Grand Opening, Tractor Supply, Waynesboro.** We will have hamburgers and hotdogs for sale to raise money for Wayne County 4-H programs.

**October 14 – 4-H Chick Chain Show and Sale, 10 A.M. at the Wayne County Courthouse.**

**October – Livestock Judging Practices, Times/Dates TBA.** We will be training 4-H'ers to compete in the Western Region 4-H Livestock Judging competition.

**November 9 – Livestock Judging Competition, Triple P Arena, Decaturville.**

I will be at the schools in September to begin the club meetings for the year.

For more information on any of the above events, please call me at the Extension Office at 722-3229.

**Agriculture & Natural Resources**  
**James Harlan, Agent**

I want to encourage everyone to take advantage of a farm visit from your Ag. Agent. I will flex my schedule as necessary to accommodate a farm visit for any reason large or small. I am indeed grateful to you for taking time from your busy day and share your operations story with me. Here are is a reminder of just some of the services available to you from UT Extension, that I would more than happy to assist you with.

- Advance Master Beef Producer Program
- Master Small Ruminant Program
- Beef Quality Assurance (BQA) training
- Private Applicator Pesticide Safety Education Program
- Forage and Tissue Sample
- Soil Sampling/Nutrient management
- Farm Financial Management/ MANAGE Program
- Vegetable, Fruit, and Horticulture Management
- Educational field days

### Important Dates:

- The **Deadline** for TN Ag. Enhancement (**TAEP**) paperwork for the 2016-2017 program year is due to the TN Dept. of Ag in Nashville by **September 1, 2017**.
- The new application period for the 2017-2018 TAEP is October 1-16, 2017. We will have applications available at our office.

### Upcoming Ag. Events

- **Feeder Calf Sale** at Hardin Co. Livestock- **Aug. 14** – Sale begins 7:30 P.M. Must call the sale barn or the Extension office to consign cattle.
- **Row-Crop Field Day** – Aug. 21, 9am-noon – Mid TN Ag Research & Education Center, Spring Hill
- **Lawrence/Wayne Co. Cattleman's Association Meeting** – Aug. 22 in the West End Community Center at 7:00p.m. – BQA training prior to meeting at 5:30 p.m. *Please call the Extension office to register for each event.*
- **Small Ruminant Conference** Oct. 25-27 – Mid TN Ag. Research & Education Center, Spring Hill (call to register)

**Beef Quality Assurance (BQA) Certifications** will be offered several times. All classes will be held at the Extension Office. See schedule below:

- Sept. 9 (Saturday) - 10:30 am
- Sept. 19 (Tuesday) – 6:00 pm
- Oct. 10 (Tuesday) – 9:00 am

**Private Applicator Pesticide Re-Certifications** will be offered several times. All classes will be held at the Extension Office. *All Pesticide cards expire 10-21-2017.* See schedule below:

- Aug. 17 (Thursday) – 6:00 pm
- Sept. 9 (Saturday) – 8:30 am
- Oct. 17 (Thursday) – 8:30 am or 1:00 pm
- Oct. 19 (Tuesday) - 1:00 pm or 6:00 pm

*NOTE: please call the Wayne Co. Extension office to register for BQA or Pesticide re-certification classes.*

For further information about any Ag. Programs available through UT Extension, please call or email me.

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#### **UT-TSU Extension-Wayne County**

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