




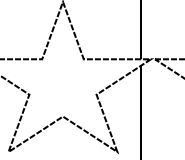
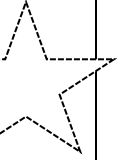





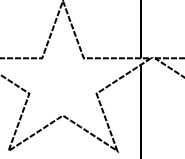






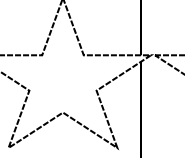






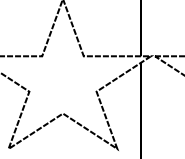






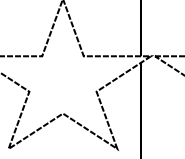



# Walk Across Tennessee

Team Name \_\_\_\_\_

## Healthy Families Tracking Card

Team Captain \_\_\_\_\_

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1 Eat Healthy Our Goal:							
Week 2 Play Everyday Our Goal:							
Week 3 Get Together Our Goal:							
Week 4 Go Outside Our Goal:							
Week 5 Sleep Well Our Goal:							
Week 6 Special Challenge Week Our Goal:	