

# Team Registration Form



Please submit your completed form to your county Extension office.

Team Name: \_\_\_\_\_

Team Captain's Name: \_\_\_\_\_

Captain's Telephone: \_\_\_\_\_ Address: \_\_\_\_\_

\_\_\_\_\_

Name

Team Members:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

Note: Walking teams have 7 members plus a captain. Biking and running teams have 3 members plus a captain.

Team Goals:

- To enjoy the exercise of walking, running or biking with family, friends and co-workers during the *Walk Across Tennessee* program.
- To record the miles that you walk, bike, jog on your walking log.
- To encourage your teammates and others to complete their journey.
- To have fun!

Return this form to:

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