What Will You Do When A Disaster Strikes?
Planning For Emergencies

Disasters or emergencies can strike at any time, and it is important to be prepared. Keeping food safe as well as having an emergency food kit and a family emergency plan is often overlooked during these times.

Participants will learn:
- How to develop a communication plan for a family
- Who to contact when a disaster strikes
- The importance of designating a safe meeting spot and the function of shelters
- The benefits of working together in the community if a disaster strikes
- The food kit function and importance during an emergency
- How to assemble an Emergency Food Kit

This educational curriculum will explain how to prepare for and keep food and family safe during and after a disaster.

Link to lessons:

Lesson 1: Developing a Communication Plan
http://fightc-les.org/mysite16/Lesson%201/lesson%201.html

Lesson 2: Preparing an Emergency Food Kit
http://fightc-les.org/mysite16/Lesson%202/Lesson%202.html