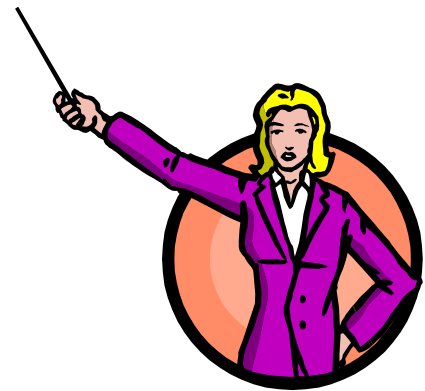


# 4-H DEMONSTRATION CONTEST

A "SHOWN AND TELL" RELATED TO YOUR 4-H PROJECT.

## RULES

- 4th and 5th grades
- Time limit - 3 to 5 minutes
- 3 minutes total for set-up **and** take down.
  - Points will be deducted if you exceed these time limits
- No live animals, babies, fireworks, weapons or anything banned or prohibited at school.
- No team demonstrations.
- **No audience participation.**
- Demonstrations should relate to one of the 4-H projects listed below.
- Do not use name brands or labels.
- Visual aid is required. (poster or exhibit board)
  - Limit of 6 posters or 1 tri-fold board.



## PROJECT LIST

Beef

Citizenship

Clothing and Textiles

Communications/Public Speaking

Companion Animals

Computers and Technology

Consumer Education/Economics

Dairy

Electric

Engineering/Safety Science

Entomology

Forestry, Wildlife and Fisheries

Food Science

Goat

Horse

Horticulture/Garden

Leadership

Line and Design

Nutrition, Health and Fitness

Performing Arts/Recreation

Personal Development

Photography

Plant Science

Poultry

Sheep

STEM

Swine

Veterinary Science