

2020 Master Food Volunteer of Rutherford County Training Class Schedule

All classes will be held at MTSU in the Ellington Human Sciences building.

Friday classes will be 10:00 a.m. — 3:00 p.m.

<u>Date</u>	<u>Class Topic</u>	<u>Instructor (s)</u>
Friday, May 8	<i>Cooperative Extension</i>	Elizabeth Sanders, Extension Agent
Friday, May 8	<i>Family and Consumer Sciences</i>	Carla Y. Bush, Extension Agent
Friday, May 8	Master Food Volunteer	Carla Y. Bush, Extension Agent
Friday, May 8	Healthy Eating	Mrs. Virginia (Ginny) Bogle, RD, LDN
Friday, May 8	Meal Planning	Janet Colson, R.D.
Friday, May 15	Food Safety	Mrs. Cindy D. Ayers
Friday, May 15	Cooking Techniques	Whitney Danhof, Extension Agent
Friday, May 22	Basic Principles for Preparing Foods	Lisa Shepard, MS, RD
Friday, May 22	Preparing Fruits & Vegetables	Carla Y. Bush, Extension Agent
Friday, May 22	Safe Food Handling	Carla Y. Bush, Extension Agent

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