Girl Talk is for mothers and daughters ages 9-12 years. The curriculum was designed to be taught in two hour sessions once a week for four weeks.

The curriculum is unique to many other sexuality programs because it brings together the mother and daughter in the same class in order to foster a bonding that will hopefully last a lifetime. The Girl Talk curriculum was developed in 1989 by Judy Cloud Berryhill, a Tennessee Extension FCS Agent; Trish Lowery, a health educator and Joann Brown, a registered nurse. For the past 15 years, the Girl Talk program has been ongoing in several Tennessee counties.

In 2005, the Girl Talk curriculum was updated and revised with new mini-lectures and videos. The curriculum has been copyrighted and printed by the University of Tennessee Extension.

"The goal of the Girl Talk program is to encourage healthy discussion within the family about sexuality, values and decision making."

For more information, please contact:

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Girl Talk is designed to bring mothers and daughters together in a fun and relaxed environment to learn about sexuality. The goal is to encourage healthy discussion within the family about sexuality, values and decision-making.
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All class times will be from 6:00-8:00 p.m. at the Ag Center in Evensville (behind the Health Department). Cost of all sessions is $40 for each parent/child(ren) combination. Cost includes class material, refreshments and door prizes. Class size is limited to 24 participants (12 parent/child combinations).

**Goals**
- To provide factual information about sexuality
- To explore sexual attitudes, feelings, values related to making responsible decisions about sexual situations.
- To encourage open communication within the family.
- To promote young girls’ positive self-esteem and acceptance of sexuality.

**Objectives**
The participants will:
- Generate a healthy discussions within their families about sexuality, values, feelings and decision-making.
- Generate a comparison between male and female reproductive systems.
- Discuss risks related to early sexual activity.
- Demonstrate the use of communication skills between family members.
- Generate a list of obligations and responsibilities of being a parent.
- Engage in activities which promote self-esteem.