Public Speaking Contest

Rules:
1. You may choose any topic for your speech. However, you must include 4-H.
2. When giving your speech, use note cards unless you are confident that you have your speech memorized.
3. You may not use props or visual aids during your speech.
4. The length of speeches should be:
   - 4th grade: 1–2 minutes
   - 5th grade: 2–4 minutes
   - 6th-8th grade: 3–5 minutes

Practice your pitch using the story below. Read the story using your normal voice. When the words are in italics, use a high-pitch, squeaky voice. When the words are in **bold**, use a gruff, deep voice.

Little rabbit in the woods
Little man by the window stood
Saw a rabbit hopping by knocking at his door.
Help me! Help me! Help me! He said.

**Before the hunter shoots me dead!**
Little rabbit come inside, safely you'll abide.

Do you think that reading this story using different pitches made the story more interesting? Yes or no? Circle one.

Practice your rhythm. Read the nursery rhyme below while using the rhythm of a (1) swing and (2) jackhammer.

Humpty Dumpty sat on a wall.
Humpty Dumpty had a great fall.
All the king’s horses and all the king’s men
Couldn’t put Humpty back together again.

Did you complete this exercise? If so, great job! Put a check mark in the circle!

The Hamburger Approach to Speech Writing

**Introduction = Top Bun**
- State the purpose of the speech
- Get the audience’s attention—Make it interesting!!!

**Main Points = Meat**
- Must have at least 3 main ideas to discuss
- Must mention 4-H!!!

**Details & Specific Examples = Lettuce & Cheese**
- Use as many details as possible to explain why your main points are important.
- Include quotes & personal experiences to make your speech interesting.

**Conclusion = Bottom Bun**
- Re-state the main ideas
- Refer back to your opening statement
- Find a creative ending
- The last thing you say is what your audience remembers the most!

If you have any questions, please contact us at 931–375–5301.

Savannah Webb  dill@tennessee.edu
Dill Hughes  dill@utk.edu
Starting a Speech

There are four important elements of communication — oral, written, visual and media. Let’s look at each one of these in this activity page! One example of oral communication is public speaking. Public speakers recite speeches to audiences. Let’s learn to write a speech!

With guidance from your teacher or 4-H agent, write the subject of your speech on the middle line. In the top right hand box, write or draw one point you would like to make about your subject. In the top left hand box, write or draw a second point you would like to make about your subject. Write or draw your third point in the bottom left hand box. In the bottom right hand box, relate the topic of the speech to you.

The second point I would like to make about my subject is ...

The first point I would like to make about my subject is ...

The subject of my speech is ...

The third point I would like to make about my subject is ...

This subject is important to me because ...