FCE: A volunteer organization which deals with family issues before they become leading social concerns. FCE members are challenged to inspire their communities for the better…enrich their own lives…and empower others to reach for the same dreams.

Rachel Erwin
Extension Agent
The University of Tennessee Extension

Office Information
200 Crain Street
Ripley, TN 38063
Phone: 731-635-9551
Fax: 731-635-3483
Email: rerwin@utk.edu

Office Hours
Monday – Friday
8:00 a.m. to 5:00 p.m. (Lunch 12:00 p.m. – 1:00 p.m.)
Lauderdale County Family & Community Education Clubs
Under the direction of U.S. Department of Agriculture
and
The University of Tennessee Extension

Mr. Joe DiPietro ........................................ UT President
Mr. Buddy Mitchell ............................. Chancellor, Agriculture
Dr. Tim Cross .............................. Dean of Extension
Dr. Herb Byrd ............................... Assistant Dean
Dr. Shirley Hastings ............................ Associate Dean
Dr. Lynn Brookins ............................... Western Region FCS Program Leader
Mr. Richard Powell ............................. Western Region Ag Program Leader

Lauderdale County Extension Personnel
200 Crain Street
P.O. Box 27
Ripley, TN 38063
731-635-9551 / Fax: 731-635-3483

JC Dupree Jr. ............................. Extension Director / Extension Agent III
Samuel “Chuck” Danehower ........................ Lauderdale County Ag. Specialist
Amanda Rachel Erwin ............................ Extension Agent I FCS / 4-H
Crystal Tinsley ............................ 4-H Extension Agent
Rachel Howell ............................. TSU Extension FCS / 4-H Agent I
Lillie Taylor ............................. TSU Admin Support Aide II
Lisa Moore ............................. UT Admin Support Assistant II
County Council Officers

(January 2013 – December 2013)

President ........................................ Ann Dunavant 635-4039
Vice President ................................. Carolyn Simpson 635-3934
Secretary .................................
Treasurer ................................. Julia Alley 635-9448

Schedule of Meetings

Second Tuesday .............................................................. Curve Woodville
Second Wednesday ...................................................... Bexar
Second Thursday (Night) ........................................... Do So
Fourth Tuesday (Night) ............................................. Town & Country

County Workshops

(Announce to Extension Agents)

January – March ......................................................... Curve Woodville
April – June ................................................................. Bexar
July – September ......................................................... Town & Country
October – December ................................................... Do So

Club Presidents

1931 Bexar .......................................................... Martha Reed 635-4039
1977 Curve Woodville ........................................... Lynda Lewis 635-4010
1977 Do So ............................................................ Ann Dunavant 635-2042
1969 Town & Country .............................................. Susan Wieber 635-0679
Bexar Club

Meeting Time: Second Wednesday of the Month

President: Martha Reed
Vice President: Glenda Hayes
Secretary/Treasurer: Betty Ray
Devotional: Betty Ray

I. Family Life Issues ................................. Glenda Hayes
II. Safety .............................................. Martha Stephens
III. Health, Food and Nutrition ....................... Wendi Hardee
IV. Housing, Energy & Nutrition .................... Martha Land
V. Literacy ............................................. Dorothy Stephens
VI. Cultural Arts ..................................... Katie Chisholm
VII. Citizenship ..................................... Anna Johnston
VIII. Family Resource Management ................. Debbie Lovell
IX. Scrapbook ........................................ Debbie Demeris
X. Recreation Leader .................................. Martha Reed

Curve-Woodville Club

Meeting Time: Second Tuesday of the Month

President: Lynda Lewis
Vice President: Lois Davis
Secretary: Carolyn Simpson
Treasurer: Elaine Jones
Devotional: Carolyn Newman

XI. Family Life Issues ................................. Mary Harrison
XII. Safety .............................................. Dean Davis
XIII. Health, Food and Nutrition ....................... Elaine Jones
XIV. Housing, Energy & Nutrition .................... Pauline Clark
XV. Literacy ............................................. Lois Davis
XVI. Cultural Arts ..................................... Carolyn Simpson
XVII. Citizenship / Community Service .......... Club
XVIII. Family Resource Management ................. Ellen Booker
XIX. Scrapbook ........................................ Pauline Clark
XX. Recreation Leader .................................. Mary Harrison
Do So
Meeting Time: Second Thursday of the Month

President: Ann Dunavant
Vice President: Joyce Wakefield
Secretary: Edith Harris
Treasurer: Angela Thurmond
Reporter: Fannie Williams
Devotional: Margaret Thurmond

I. Family Life Issues ........................................ Fannie Lee Williams
   II. Safety .................................................... Savillah Osteen
   III. Health, Food and Nutrition ........................ Edith Harris
   IV. Housing, Energy & Nutrition ........................ Lola Sweat
   V. Literacy ................................................. Lola Sweat
   VI. Cultural Arts .......................................... Joyce Wakefield
   VII. Citizenship ........................................... Joyce Wakefield / Margaret Thurmond
   VIII. Family Resource Management .................. Bert Smothers
   IX. Scrapbook ............................................. Joyce Wakefield
   X. Recreation Leader ...................................... Club

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Town & Country
Meeting Time: Fourth Tuesday of the Month

President: Susan Weiber
Vice President: Patsy Langley
Secretary: Jane Snell
Treasurer: Marilyn Chisholm
Reporter: Jane Snell

XI. Family Life Issues ................................. Martha Crain
   XII. Safety .............................................. Brenda Maclin
   XIII. Health, Food and Nutrition ..................... Lisa Stricklin
   XIV. Housing, Energy & Nutrition .................... Johnnie Matthews
   XV. Literacy ............................................ Julia Alley
   XVI. Cultural Arts ..................................... Martha Crain
   XVII. Citizenship ....................................... Betty Klutts
   XVIII. Family Resource Management ............... Mae Dunaway
   XIX. Scrapbook ......................................... Lisa Stricklin/Robin Grover
   XX. Recreation Leader ............................... Lisa Stricklin
Club Agenda & Programs
**Family and Consumer Sciences**

**Our Mission:** To strengthen individuals, families, and communities through education.

Education is vital to our mission. As an integral part of the University of Tennessee and the Land-Grant System, Extension is the vital link in delivering current, research-based education to your home and your community. Extension Family and Consumer Science programs are available in all Tennessee counties to all persons regardless of race, color, age, national origin, sex or disability. Educational programs are delivered through classes, workshops, mass media, newsletters, public meetings and computer applications. Extension Family and Consumer Science educational programs are delivered to people of all ages. Through our work with 4-H and other youth, life skills are developed in health, nutrition, financial management, personal development, leadership and numerous other project areas. We have a partnership with the Tennessee Association for Family and Community Education to develop leadership skills and provide individuals and families with up-to-date educational programs addressing critical issues. County Home Economics programs address local needs and public policy issues. State and national priorities serve as a guide for program development. Educational programs delivered by Extension Home Economics faculty are targeted to families and individuals who need us most.

At no other time in history have FCS programs been more important to society than they are today. The areas of FCS being recognized across America are basic to the health of our communities and state. Children, diet, health and wellness and financial security are at the forefront of our nation’s agenda.

### FCS Programs

<table>
<thead>
<tr>
<th>Health and Safety</th>
<th>Family Economics</th>
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<tr>
<td>Empowering Tennesseans to manage their health and health-care and live, work and learn in safe and healthy environments.</td>
<td>Teaching individuals and families skills for resource management and for building and protecting wealth over the life cycle.</td>
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<tr>
<th>Human Development</th>
<th>Nutrition and Food Safety</th>
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<tr>
<td>Strengthening individuals and families through education to enhance their emotional, social, and personal development.</td>
<td>Promoting self-responsibility for health by providing research-based nutrition and food safety education to consumers.</td>
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</tbody>
</table>
In actuality, FCE is a team effort. A group that strengthens individuals, families, and communities through education. FCE (Family Community Education) is a club where members work together as a T.E.A.M. (Together Each Accomplishes More). A team that is geared toward growth and success.

FCE is a wonderful and challenging opportunity! The FCE team needs to be fully engaged and perform at the highest level, in terms of both process and results. FCE members who recognize the importance of the following four areas will get this done.

1. Commitment – Common Purpose
2. Communication – Communicate
3. Collaboration – Work Effectively
4. Coordination – Facilitate

Members who recognize and utilize these four areas of team functionality will help a club to work at peak performance.
FAMILY AND COMMUNITY EDUCATION CREED

As family and community educators of these United States, we will strive to promote a better way of life for all through fellowship, continuing education and service; to provide guidance to our home and communities by the uniting of people to make the world a better place in which to live.

May we have pride in our role of homemakers and Family and Community Educators and may our hearts be filled with joy as we serve. Let us always be conscious of the needs of others, and be strengthened by the “Divine Light” that guides us all.

Jean Beard Kestner
Tallahassee, FLA

CLUB COLLECT

“Keep us, O God from pettiness;
Let us be large in thought, in word,
In deed

Let us be done with fault-finding
And leave off self-seeking.

May we put away all pretense
And meet each other face to face
Without self-pity and without prejudice.

Let us take time for all things;
Make us grow calm, serene, and gentle.

Teach us to put into actions our better impulses,
Straightforward and unafraid.

Grant that we may realize it is
The little things that create differences
That in the big things of life we are one.

Any may we strive to touch and to know
The great, common human heart of us all.

And, O Lord God, let us not forget
To be kind!

Mary Stewart

FCE MISSION STATEMENT

To strengthen individuals, families, and communities through:

- Education
- Leadership Development
- Community Services
Pledge of Club Members

Esteem is a privilege to be a member of a Family & Community Education Club. I will be loyal to its methods, carefully guard its reputation and strive to increase its influence.

Beatitudes for a Homemaker

Blessed is she whose daily tasks are a labor of love; for her willing hands and happy heart translate duty into privilege and her labor becomes a service to God and all mankind.

Blessed is she who opens the door to welcome both strange and well-loved friends, for gracious hospitality is a test of brotherly love.

Blessed is she who mends stockings and toys and broken hearts, for her understanding is a balm to humanity.

Blessed is she who sings at her work for music lightens the heaviest load and brightens the fullest chore.

Blessed is she who dusts away doubt and fear and sweeps out the cobwebs of confusion; for her faith will triumph over all adversity.

Blessed is she who serves laughter and smiles with every meal; for her buoyancy of spirit is an aid to mental and physical digestion.

Blessed is she who preserves the sanctity of the Christian home; for hers is a sacred trust that crowns her with dignity.

FCE Club Prayer

Dear Father, we thank Thee for our homes, help us to realize the responsibility we homemakers have.

Guide us as mothers and homemakers to have honest homes that will nurture Christian faith so that we may give ourselves to building character in our children. Fill our hearts with love for those whom we touch each day.

May we ever give Thee first place in our lives.

Be with the leaders of our nations. May the decisions they make bring peace to our troubled world.

These things we ask in the name of Thy only Son, Jesus Christ, our Savior.
Order of Business

➤ Call to Order: President
➤ Club Creed: Led by President
➤ Inspirational Moments: Devotional Chairman
➤ Roll Call: Secretary
➤ Minutes: Secretary
➤ Treasurer’s Report
➤ Business Session (old and new): President
➤ Agent Demonstration / Presentation and/or Educational
➤ Chairman Reports / Presentations
➤ Adjourn
DUTIES OF CLUB OFFICERS & LEADERS

President
1. Prepare for every meeting a written “Order of Business” so that no item is overlooked.
2. Preside over meetings striving to start on time.
3. Making sure that all business is brought before the club by a motion or by a communication and voted on. Try to limit business sessions to 20 minutes.
4. Attend County Council meetings, or have a representative there.

Vice President for Programs
1. The President’s co-planner and co-worker and her substitute when necessary.
2. Chairman of the program committee; make sure that appropriate leaders are prepared for the educational portion of each club meeting.
3. Provide direction for education leaders.
4. As parliamentarian, see that a motion is made, properly seconded and voted on.
5. Responsible for Christmas Program and the July 4H Program.
6. Attend County Council meetings, or have a representative there.

Secretary
1. Prepare and call the roll.
2. Prepare and read minutes of the meetings.
3. Attend to all correspondence, including notice of meetings, and newspaper report, unless there is a reporter.
4. Notify the county office if there is any change in membership, (address, etc.).
5. Notify agent of meeting time and location at least 2 days in advance.
6. Send reports to extension office whenever requested.
7. Attend County Council meetings.

Treasurer
1. Collect and dispense money at the direction of the President.
2. Give brief report at monthly meeting.
3. Collect dues from new members throughout the year and send to the Council Treasurer.

Reporter (also called the Public Relations Leader)
1. Report all meetings to county newspaper. Please follow guidelines for reporting meetings.

Devotion Leader
1. Have an appropriate devotion period for each club meeting.

Recreation Leader
1. Be responsible for August picnic and assist with the Christmas program.

Reading Leader
1. Encourage club members to participate in Reading Program.

Educational Leaders (project)
1. Give educational program demonstrations at designated meeting(s) during the year.
2. Training provided by agent-see meetings outlines for monthly assignments.
3. All leaders should watch newspapers and magazines for current information in order to bring timely reports to club members.

Club Members
1. If possible, take part on program when asked.
2. Be on time for all meetings, bring yearbook and pencil.
3. Refrain from talking during any part of the program.

Hostess
1. Provide a table for officers, agent or leader.
2. Prepare refreshments ahead of meeting, so no part of the program will be missed.
1. To promote healthy self-esteem, positive thinking and encourage FCE members to handle life situations.

2. To emphasize good community service and leadership development.

3. To have a project leader who is responsible for conducting educational programs.

4. To have club representation at County Council meetings.

5. To encourage reading for beneficial knowledge and personal satisfaction.

6. To keep up-to-date on home issues related to environment, health and safety.

7. To learn safe and economical techniques related to nutrition and food safety, family economics, health and safety, and human development.

8. To encourage marketing of FCE through networking with other community efforts.

9. To have an on-going effort to recruit new members.
Club & Member Reports
2013

CLUB MEMBERSHIP REPORT FOR EXTENSION OFFICE

This sheet is to be filled out by the club secretary, torn out and mailed to the Extension agent as soon as possible after the organization meeting of the year. Attach additional page, if needed.

The following is a complete list of the officers and members of: ________________________________

(Name of Club)

LOCAL CLUB OFFICERS AND EDUCATION CHAIRMEN

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<tr>
<th>Position</th>
<th>Area</th>
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<td>President</td>
<td>Citizenship</td>
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<td>President Elect</td>
<td>Cultural Arts, Textiles and Clothing</td>
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<td>Vice President</td>
<td>Family Life</td>
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<td>Secretary</td>
<td>Family Resource Management</td>
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<td>Treasurer</td>
<td>Health, Foods &amp; Nutrition</td>
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<td>Reading</td>
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List alphabetically all club members, including officers and leaders

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<th>Husband’s Name</th>
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Attach additional page if needed to include all members of the club.
MASTER CLUB GOAL
(15 of 21 Goals)

Master Club Awards will be given to the clubs that exhibit the best over-all local and county-wide involvement. Report of goals achieved will be turned in by February 17, 2011.

1. Carry out community projects throughout the year and send a written report to office and end-of-year report.
2. Conduct or sponsor on county-wide workshop or special program in designated month.
3. Have at least two active, new members to the club or have 6 visitors during the year. (Report name and address of new member to Extension office 635-9551).
4. Have at least one recreational meeting or outing for your club.
5. Have fifty percent of members receive reading certificates.
6. Have representatives of all leader training meetings or special county-wide meetings.
7. Have a representative at all county council meetings.
8. Pay County Council dues by designated dates.
9. Report your meetings to local newspaper each month.
10. Provide adult volunteer leader for 4-H project group or regular club meetings or provide other 4H support or sponsorship.
11. Send an invitation to Council Officers to visit your club and / or officers from other clubs.
12. Have at least one member to attend. Life Enrichment conference and / or the District FCE Mini Conference.
13. Have at least (3) three entries into the Fair.
14. Do something for the Senior Citizens and / or unfortunate in the community.
15. Report by February 18 your local Member of the Year, perfect attendance, Reading lists, and Master Goals completed. Please check which goals your club has completed.
16. Notify Agent of time and place of club meeting on those months she will attend. (January, March, May & September) at least two days ahead of time.
17. Take part in FCE Tomato Tasting by preparing recipes and assisting with the activity.
18. Have at least (3) entries in Cultural Art Exhibit.
19. Have at least one member turn in CVUs.
20. Take part in Country Store.
21. Take part in Holiday Tasting by preparing recipes and assisting with activity.

BONUS: Have representative attend State TAFCE meeting.
This is your record of volunteer time. Keep records for future documentation of your volunteer experiences. **Make additional copies of this form as needed.**

**Certified Volunteer Units** are used to recognize individuals preparing for and completing volunteer work with FCE and the community. You can count telephone and travel time if it relates to your volunteer project. Any volunteer acts count except those for immediate family. (Example: meals for shut-ins, church work, hospital and nursing homes, charitable or non-profit organizations, etc.)

When you have completed 500 hours of volunteer service, you will receive a Certificate of Recognition from TAFCE. Five hundred (500) hours of volunteer time equals 50 CVUs. Each additional 500 hours will earn a seal to be affixed to the certificate, a maximum of 4 seals per certificate. **The maximum time span for turning in unreported hours is three (3) years.**

Keeping a record of CVU hours can help you in many ways. A record of your volunteer time can help you:

- Prepare for more responsible leadership and / or volunteer positions with FCE and / or other organizations.
- Seek paid employment. Properly documented volunteer work can be listed on a job application.
- Seek effective office. Community involvement and public service are important qualifications for elective offices.
- Qualifying for awards and recognition. Honor and award applications usually ask for a listing of volunteer service.
- Qualifying for scholarships. Volunteer service verifies the scope of your interests and background.
- To help grow personally. Volunteering can be fun and personally rewarding. Serving others can be a life-changing experience.

To receive your certificate and / or seal(s), complete the Volunteer Service Summary Sheet. **Turn in CVUs in 500 hour increments only. Odd hours will be discarded!** Send only the Volunteer Service Summary to your county or Region Vice-President of Public Policy. It will then be forwarded to the State Vice-President of Public Policy. **Check with your Region Vice-President of Public Policy for the deadline in your Region. It is very important that you adhere to these deadlines.** Keep your personal records for reference and documentation.
1. A CVU unit is 500 hours. Turn in your volunteer hours in 500 hour increments only (i.e. 500, 1000, 1500, etc.) Any odd hours tuned in will be lost. Unreported hours can be accumulated for up to 3 years.

2. Deadline for submission of CVU hours:
   a) **May 1**: County Vice-President of Public Policy collects members Volunteer Service Summary sheets.
   b) **June 1**: County Council Vice-President of Public Policy sends an **ALPHABETIZED** list of county CVU recipients to District Vice-President of Public Policy. (Do not send summary sheets; retain these in your records. Notify members to retain partial hours).
   c) **July 1**: District Vice President of Public Policy sends an **ALPHABETIZED** list to the state Vice-President of Public Policy.
   d) **September 1**: State Vice-President of Public Policy sends an ALPHABETIZED list by districts to the University of Tennessee and to the host of the state meeting so that the list can be included in the convention program.

3. The University of Tennessee sends state Vice-President of Public Policy the signed certificate and seals.

4. At the state convention – the state Vice-President of Public Policy will give each district Vice-President of Public Policy envelopes containing the certificates and seals for each county in their district.
**CERTIFIED VOLUNTEER UNITS**

Fill in hours of service on dates given, add total for months.

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**Month’s Total**: 

**Year Total**: ____________________
Members who read 10 or more books will be recognized at the awards program in March.

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<tr>
<th>Book</th>
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**Total Number of Books Read in 2013:**
FCE Calendar Pages
• Thought for the day: Four things you can’t recover: The stone... after the throw. The word...after it’s said. The occasion... after it’s missed. The time... after it’s gone.

• Program: Crock Pot Cooking

• Presenter: Rachel Erwin

• Roll Call: What is your favorite way to spend your time?

• Objectives: Crock pots make dinner fast and easy. Throw a few ingredients into a pot in the morning, set the temperature, go about your daily business and come home to a homemade meal ready to be served.

• Household Hint: Slip rubber bands over canning jars to cushion them in storage.

January 2013

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</table>
Thought for the day: “It is never too late to be what you might have been”. George Elliott

Program: What will you do when a disaster hits?

Presenter: Rachel Howell

Roll Call: What would you be if you had a second chance?

Objectives: Disasters, in most cases, cannot be predicted. Although some systems have been created to warn people of incoming danger in some circumstances, survival is still largely up to the individual. This is why it is essential to have knowledge of what to do during emergency situations.

Household Hints: Do your car tires get stuck in winter? Fill a large coffee can with kitty litter and keep it in your car’s trunk during the winter months. If your car gets stuck in the mud or snow you can sprinkle it on the ground around your tires and get out of the rut.

**February 2013**

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14 Valentine’s Day

18 President’s Day
Thought for the day: Don’t be afraid to give up the good to go for the great.

Program: Container Gardening

Presenter: JC Dupree

Roll Call: Name one person you’d like to pretend to be for one day!

Objectives: No matter what you prefer to plant -- vegetables, flowers, shrubs, trees -- you can plant some version of it in a container.

Household Hints: Clean your cutting board! Sprinkle with salt and scrub with half a lemon or lime.
**Thought for the day:** “Nonsense wakes up the brain cells. And it helps develop a sense of humor, which is awfully important in this day and age. Humor has a tremendous place in this sordid world. It’s more than just a matter of laughing. If you can see things out of whack, then you can see how things can be in whack.” - Dr. Suess

- **Program:**
- **Presenter:** Jan Hodge
- **Roll Call:** Something that makes you laugh.
- **Objectives:**

**Household Hints:** Flies do not like Basil. Plant some in pots around your doors and on your porch. They will stay away. You can also plant some in a pot in your kitchen to deter fruit flies.

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**April 2013**

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</table>
Thought for the day: “Fear less, hope more; whine less, breathe more; talk less, say more; hate less, love more; and all good things are yours.” - Swedish Proverb

Program: Container Gardening

Presenter: Rachel Erwin

Roll Call: Name one thing you are sure of ______________.

Objectives: In today's world of technology, thieves have a much easier time using other people's identities and credit to commit fraud. Identity theft is the act of using a person's personal information to obtain credit, get loans, access bank accounts, rent property, obtain employment or commit serious crimes.

Household Hints:

⇒ Place a piece of silverware on the back of your neck for a quick cool down.
⇒ Rest your wrist on a cold glass of iced water and feel the chill
⇒ Wipe your feet with an alcohol wipe to cool off your whole body.

May 2013

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Mother's Day

Memorial Day
Thought for the day: Trust that little voice in your head that says, ‘Wouldn’t it be interesting if…’ And then do it.” ~ Duane Michals, American Photographer

- **Program:** LCCOA (to be determined by presenters)
  - June Dairy Month
  - Cultural Arts
  - Fashion Review
- **Presenter:** Joni Cook & Beth Cunningham (LCCOA)
- **Roll Call:** My most disastrous moment in the kitchen.
- **Objectives:** Disasters happen in the kitchen, more often than we would ever want and inevitably with the worst timing possible.
- **Household Hints:** Sponges should be washed and disinfected regularly. An easy and fast solution is to run them through the dishwasher. Rotate your sponges as soon as the dishwasher is emptied, tuck a dirty sponge into the silverware basket where it’s ready and waiting to be cleaned.

### June 2013

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**Thought for the day:** Summer “A horse gallops with his lungs, Preserves with his heart, And wins with his character.” ~ Tesio

**Program:** 4-H

⇒ Tomato Tasting Month

**Presenter:** Crystal Pipkin

**Roll Call:** What is your favorite Summer pie?

**Objectives:** Today, 4-H clubs and activities are no longer focused primarily on agricultural activities, instead emphasizing personal growth and preparation for lifelong learning.

**Household Hints:** Butter Dish: To keep your butter from sliding around on the butter dish, heat the dish with hot tap water, dry off and then put the butter stick on the dish and then into the refrigerator. It will melt just a little of the butter which will freeze when put in the fridge. Doesn't slide around when you are getting butter.

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**July 2013**

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**Thought for the day:** “Ninety percent of the way you feel is determined by how you want to feel.”

**Program:**

**Presenter:**

**Roll Call:** Name your favorite fall activity.

**Objectives:**

**Household Hints:** To remove mildew soak shower curtains in water containing 20% chlorine beach. To remove soap scum and water marks wipe with vinegar.

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**August 2013**

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Thought for the day: “Always read something that will make you look good if you die in the middle of it.” ~ P.J. O’Rourke

Program: Holiday Program—Crafts and Recipes for sharing.

Presenter: Rachel Erwin

Roll Call: The “halcyon days” of summer have come to an end. In honor of September National Literacy Month, share the definition of a word you had to “look up.”

Objectives: Besides the traditional holidays, you can find creative reasons to celebrate almost every day of the year using crafts and activities.

Household Hints: When conversation lags at the dinner table, challenge family members to improve their vocabulary by introducing new words used correctly in a sentence.
• **Thought for the day:** “Breathe. Let go. And remind yourself that this very moment is the only one you know you have for sure.” Oprah Winfrey

• **Program:** Picnic Month & Fair

• **Presenter:**

• **Roll Call:** What is your favorite thing about the Fall?

• **Objectives:**

• **Household Hints:** October is about the time to bring houseplants back indoors if you haven’t already. Spray them first though to prevent bringing in any insects. You can also dust the soil with insecticide granules to prevent bringing in ants and spiders.

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Halloween
Thought for the day: As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. ~ John Fitzgerald Kennedy

Program:

Presenter:

Roll Call: “A Table Courtesy”

Objectives:

Household Hints: Be thankful and go natural for your Thanksgiving decoration. Stack decorative miniature pumpkins/gourds and try using sassafras leaves (every leaf is different, they are beautiful red to yellow in color and they are more like leather), will last several years if stored flat.

November 2013

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<td>Thanksgiving</td>
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Thought for the day: Christmas is not a time nor a season, but a state of mind. To cherish peace and Goodwill, to be plenteous in mercy, is to have the real spirit of Christmas.”

Program: Christmas Party

Presenter:

Roll Call: What do you consider most significant about Christmas?

Objectives: Encourage of thinking of others and our many blessings.

Household Hints: Overnight Guests? Next time you have guests spending the night, place a small basket near the bathroom sink, and fill it will small bottles of shampoo, mouthwash, lotion, a small tube of toothpaste, a toothbrush, a disposable razor, etc. If your guests forgot to pack any of these items, they will be grateful to have this special guest basket.
FCE Contest Rules & Guidelines
All first and second place winners from each Region may be exhibited. Two entries per category. **NO substitutions.**

An individual may enter only **one item** per category.

Articles **must** be entirely the work of the TAFCE member. The art or craft must have been completed during the past year, since the last conference.

No doll kits or pre-printed ("cheater") quilts will be accepted. All framable items must be framed.

Each member is responsible for arranging transportation for exhibits to and from the State convention site.

Each Region must provide its own materials required to exhibit articles. Tape and nails cannot be used on walls. If items are best displayed hung, please provide a means of hanging.

Entries will be exhibited by category.

A "Viewer's Choice" award by popular vote will be presented.

A list of Region winners should be sent to the State chairman as soon as chosen.

The Tennessee Association for Family and Community Education (TAFCE), its officers or members, or the University of Tennessee Extension staff will **not** be responsible for any lost, misplaced or damaged items. We do not anticipate any misfortunes, but this disclaimer must be clearly understood by all exhibitors.

All exhibitors must be TAFCE members in good standing.

Revised: January, 2010
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<td>Beadwork</td>
<td>Jewelry, clothing, any other</td>
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<td>Ceramics</td>
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<td>Decorative Painting</td>
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<td>Dolls</td>
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<td>hand work)</td>
</tr>
<tr>
<td>11</td>
<td>Machine Embroidery</td>
<td>Ali, including machine cross-stitch</td>
</tr>
<tr>
<td>12</td>
<td>Fine Art Painting – Oil</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Fine Art Painting – Watercolor</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Fine Art Painting – Pastels,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>acrylics</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Fine Art – Drawings, charcoal</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Handcrafted Toy</td>
<td>Any material</td>
</tr>
<tr>
<td>17</td>
<td>Hand Stitching</td>
<td>Other; hardanger, cutwork, smocking, applique</td>
</tr>
<tr>
<td>18</td>
<td>Holiday Decoration</td>
<td>Any season</td>
</tr>
<tr>
<td>19</td>
<td>Knitting – Hand</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Knitting - Machine</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Needlepoint</td>
<td>Any type canvas</td>
</tr>
<tr>
<td>22</td>
<td>Photography – Color</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Photography – Black and White</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Pottery</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Quilts – Baby &amp; lap</td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Quilts – Hand-pieced &amp; hand-quilted</td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>Quilts – Machine-pieced &amp; hand-quilted</td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>Quilts – Hand-pieced &amp; machine-quilted</td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Quilts – Machine-pieced &amp; machine-quilted</td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>Quilts/Specialty – Cathedral</td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Quilts/Specialty – Applique</td>
<td></td>
</tr>
<tr>
<td>32</td>
<td>Quilts/Specialty – Embroidered</td>
<td></td>
</tr>
<tr>
<td>33</td>
<td>Quilts/Other – Pillows</td>
<td></td>
</tr>
<tr>
<td>34</td>
<td>Quilted/Other – Wall hanging</td>
<td></td>
</tr>
<tr>
<td>35</td>
<td>Quilted/Other</td>
<td>Includes clothing, pot holders, placemats and rag-time quilt</td>
</tr>
<tr>
<td>36</td>
<td>Rug Making</td>
<td>Any type</td>
</tr>
<tr>
<td>37</td>
<td>Sculpture</td>
<td>Any medium</td>
</tr>
<tr>
<td>38</td>
<td>Stained Glass</td>
<td></td>
</tr>
<tr>
<td>39</td>
<td>Tatting</td>
<td></td>
</tr>
<tr>
<td>40</td>
<td>Weaving – Hand</td>
<td></td>
</tr>
<tr>
<td>41</td>
<td>Weaving - Loom</td>
<td></td>
</tr>
<tr>
<td>42</td>
<td>Wood Carving</td>
<td></td>
</tr>
</tbody>
</table>

1st and 2nd Place Winners to Region Chair by: 

1st and 2nd Place Winners to State Chair by: October 1st

Revised: January, 2012
TAFCE FASHION REVUE

First and second place winners in each category are due (see below) to the Education Chair for competition and judging. All entries must be worn by the FCE member who made or purchased the item(s) unless otherwise stated in the guidelines.

CATEGORIES

1. Suit, dressy ensemble, or better dress
2. Jacket, blazer or coat
3. Casual and active wear
4. Children’s casual and better wear (ages 12 or under)
5. Teen’s casual and better wear (ages 13 - 18)
6. Sewing for an adult (over 18)
7. Recycled garment (utilizing used materials)
8. Wardrobe accessory (belt; tote bag; handbag; scarf; vest; hat; etc)
9. Decorative Sweat wear (sweatshirt; sweatshirt jacket, etc)

Purchased Items
10. My Best Fashion Purchase: Casual Wear

GUIDELINES

Sewing Skills
1. The participant MUST be a TAFCE member in good standing.
2. The garment must have been made within the last year.
3. The garment must be modeled by the person who made it. All work must be entirely that of the participant. Exceptions: Children’s, Teen’s, and Sewing for an Adult categories.
4. The garments in the children’s category (4) must be made by a TAFCE member and modeled by a child not over 12 years old, or carried on a hanger by the TAFCE member.
5. The garments in the teen’s category (5) must be made by a TAFCE member and modeled by a teen 13 - 18 years of age, or carried on a hanger by the TAFCE member.
6. The garments in the sewing for an adult category (6) must be made by a TAFCE member and modeled by the adult (18 or older), or carried on a hanger by the TAFCE member.
7. The judges are encouraged to use these criteria for judging:
   a) Construction
   b) Fit
   c) Suitability of fabrics, using the 4-H score card

Buying Skills
1. The participant MUST be a TAFCE member in good standing.
2. The garment must have been purchased within the last year.
3. The garment must be modeled by the person who purchased it.
4. The judges are encouraged to use these criteria for judging:
   a) Construction
   b) Fit
   c) Suitability of fabric
   d) Quality of fabric, using 4-H score card, where applicable
Clothing Judging Scorecard

All garments must be constructed or purchased within the last year.

I. Constructed Garments

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Good</th>
<th>Fair</th>
</tr>
</thead>
<tbody>
<tr>
<td>Construction</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fit</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Suitability of fabric and color</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quality of fabric</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age appropriate</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cost value (original)</td>
<td>$</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cost savings (reduced price)</td>
<td>$</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Benefit of adding this garment to your wardrobe</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seasonal</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Occasional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Round</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes:

II. Purchased Garments

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Good</th>
<th>Fair</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fit</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Suitability of fabric and color</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age appropriate</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Cost value (original)</td>
<td>$</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cost savings (reduced price)</td>
<td>$</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Benefit of adding this garment to your wardrobe</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seasonal</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Occasional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Round</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes:

Revised 10/07
PERSONAL DATA SHEET

The information on this form is used to assist with preplanning the Fashion Revue. It is important to complete all sections and return by the date required.

Name ___________________________ County ___________________________ Region Western ___________________________
Address ________________________________________________ Phone ______________
Category ________________________________________________
FCE Club ________________________________________________

Attach a photograph of the outfit you will model (pattern envelope illustration or sketch is acceptable).

What did you learn making this outfit? _____________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

List interesting, humorous or educational experiences you had in creating, wearing or finding this outfit or accessory: _____________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Sewn outfit or accessories:
Pattern Number: ____________________________________________
Cost of fabric, pattern, etc: $ ______________
Estimated cost if purchased ready-made: $ ______________
Estimated Savings: $ ______________

Purchased outfit/accessories (new/used):
Cost: $ ______________
Estimated ‘original’ cost: $ ______________
Estimated Savings: $ ______________

Write a suggested script for your outfit. Describe the fashion details of your outfit. Refer to the description on the pattern envelope. Be informative, but keep the description lively and fun by using active words:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

State Due Date: October 1st

Revised April 2008
TAFCE
Tennessee Association of Family & Community Education

Creative Writing Program

RULES for TAFCE Creative Writing Program

1. Must be written by a TAFCE DUES PAYING MEMBER WHO IS NOT A PROFESSIONAL WRITER. (This means that he/she does not receive compensation for their articles.)
2. Entries must not exceed 1,000 words. **(No Illustrations allowed. Entry will be disqualified if this rule is not followed)**
3. Entries must be legibly handwritten in black ink or typed with black ink in a font size of 12 or 14 on white paper.
4. Include writer’s name, address, phone number, county, region and category on a cover sheet. On the last page, include your name, county and region in small letters.
5. Deadline for submitting entries is at the end of this form.
6. Those judged first and second place in each category in the region would be sent to the state for competition and compiled in a booklet. The state will award to first place winners in each category $10.00 and a booklet. A booklet will be awarded to second and third place winners in each category.
7. Entries will not be returned.

CATEGORIES
1. Poetry: any style
2. Essays: any subject or person
3. Short Stories
4. Children's Stories: **(No Illustrations to be submitted)**
5. Feature Article/News Article: can be club report publication. Only original article will be accepted (no copies). Cut out NAME and DATE of publication and send with article.
6. Miscellaneous: any entry that does not fit into above categories.

TAFCE Members May Submit Entries in Any or All Categories

<table>
<thead>
<tr>
<th>Scoring Criteria</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction: Gets attention, indicates direction, etc Well organized</td>
<td>20</td>
</tr>
<tr>
<td>Body: Well organized</td>
<td></td>
</tr>
<tr>
<td>Conclusion: Ends with a purpose, summarizes, etc.</td>
<td></td>
</tr>
<tr>
<td>Creativity / Originality</td>
<td>50</td>
</tr>
<tr>
<td>Results Effect on the reader</td>
<td>30</td>
</tr>
<tr>
<td>TOTAL</td>
<td>100</td>
</tr>
</tbody>
</table>

Region Due Date: ___________ State Due Date: **August 1st**

To Region Chairperson State Chairperson

(Revised November 2010)
HEART OF FCE AWARD
GUIDELINES

Objective:

To pay special tribute to the unsung *grassroots members who have made a difference in their communities through their FCE work.

Criteria:

1. Must be a grassroots member nominated by his/her peers.

2. Must be verified current member of National FCE to be nominated.

3. Photo must accompany the form.

4. State FCE president must sign form of state winner for the Heart of FCE Award.

Selection Process:

1. Heart of FCE Award form is available from the State FCE President, the National FCE Headquarters, or by enlarging the page in the NAFCE Handbook.

2. Counties choose a nominee for the Heart of FCE Award. Individual efforts, projects and results, or other contributions made by nominee for FCE need to be included on the nomination form. Form and recent photo are sent to region FCE Association.

3. Region FCE Association selects the Heart of FCE Award winner and forwards the winner’s form and photo to the state FCE Association.

4. State FCE Association selects the Heart of FCE Award winner, the state president signs form and forwards the form and photo to the National Chair for the year, postmarked not later than March 1.

5. National FCE will recognize one Heart of FCE Award winner per state at the National FCE Conference with a specially designed Heart of FCE pin.

6. Clubs, counties, regions and states are encouraged to recognize Heart of FCE nominees and award winners at their county, region or state meetings or in another appropriate manner with the Heart of FCE lapel pin. The lapel pin is a special design for use within the state and may be ordered from the National FCE Headquarters. Call toll free 877-712-4477 to order.

*grassroots member- Someone not currently serving on the National, State, Region Board.
(rewritten for Tennessee from 2005 NAFCE Handbook)
Due Date: See Below
Each state to submit ONE nominee
State send to NAFCE CHAIR:

Nomination Name:

Address:

Phone:

Club:

Please attach recent photograph of nominee (original photo, no scanned copies please)

Briefly describe reason for recommendation for the Heart of FCE Award. Please include individual effort, any project and results, and other contributions made by nominee while working in FCE. For publicity purposes, limit the summary to 100 words or less.

Name of person submitting:

Office/Title of Person:

Address:

Phone:

State President’s signature: ____________________________ (2005)

| County Due Date | Region Due Date: January 15th to Region President | State Due Date: February 15th to State President |
“BEST OF THE BEST”

This award recognizes and honors outstanding members of TAFCE who have given over and beyond the norm in the performance of duties as a volunteer, though unselfish acts for the betterment of their community.

GUIDELINES FOR NOMINATION

1. Nominee must be an active member of TAFCE.

2. Three (3) letters of recommendation and three (3) forms of documentation must accompany each nomination form. Letters of recommendation may be submitted by members or non-members of TAFCE.

3. The three (3) letters of recommendation highlighting the accomplishments of the nominee should include:
   ♦ A stated reason for nominating the individual.
   ♦ Examples of how the fee member (nominee) has actively promoted and/or marketed fee.
   ♦ Accomplishments and participation in fee (i.e. local, region, state) in the last 10 years.
   ♦ Recognition and awards in fee or other organizations.
   ♦ Membership or participation in community related activities.

4. Documentation is limited to three (3) 8 ½ x 11 pages (front side of page only). Support documentation can be newspaper articles, pictures or other relevant information. Do not submit original articles or photos. Entries can be digital photographs or copies of articles, photographs or other information. (Committee will not be responsible for original articles or photographs.)

   A total of six (6) pages for both letters of recommendation and documentation.

5. Must be submitted in a plain three (3) ring portfolio.

COUNTY GUIDELINES

Each county may submit one nominee. If a nominee is not selected at the regional level as a “Region Winner,” that individual may be nominated again by their respective county another year.

The county Vice President for Public Policy or County Council President should submit the nominee to the Region Vice President for Public Policy or designated Education Chair by region’s deadline.

REGION GUIDELINES

The Region Vice President for Public Policy or Education Chair should have an independent panel of judges to select a region nominee. The nominee information will be forwarded to the TAFCE Vice President for Public Policy no later than August 1 of each year.
There will be one nominee from each of the three regions (i.e. Western, Central and Eastern). Each region may submit only one nominee and this individual may not be submitted as a nominee from the respective region for a two-year time period.

The nominee from each region will receive a gift and monetary award of $25.00 from TAFCE, to be presented during the annual TAFCE state conference.

**STATE GUIDELINES**

An independent panel of judges will be appointed to select the “BEST OF THE BEST” state award recipient from the three region winners. The committee’s selection will be based on the information provided by the nominating region (refer to Guidelines for Nomination above).

The “BEST OF THE BEST” state award recipient will receive a commemorative gift and a monetary award in the amount of $50.00 from TAFCE, to be presented during the annual TAFCE state conference.

The state award recipient will not be eligible for nomination or recognition for the “BEST OF THE BEST” award in the future.

---

All entries MUST comply with the published guidelines. Nominations that do not follow the guidelines will not be considered for competition.

Revised April 2008

| County Due Date | Region Due Date: | State Due Date: **August 1**
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>To Region Chairperson</td>
<td>to State Chairperson</td>
</tr>
</tbody>
</table>
“BEST OF THE BEST”
~ Nomination Form ~

(Please include this form along with the other required documents.)

Name of Nominee: ________________________________

Address: ______________________________________

__________________________ Zip Code: ______

Telephone Number: ______________________________

County in which nominee is a member of: ____________

Name of FCE Club nominee is a member of: ____________

Name of individual/group submitting nomination: ____________

Date nomination submitted: __________________________

________________________________________________
Signature of County VP of Public Policy or County Council President

________________________________________________
Signature of Region Vice President of Public Policy or Chairperson

________________________________________________
Signature of TAFCE Vice President of Public Policy

Revised: August 2008
2013 Membership Form  
***Type or Print Clearly in ink***  
***Do Not Abbreviate Street Names, City, County, or State ***

Date__________________ Current Member ID# ____________________ Email ____________________
First Name__________________ M.I. ______ Last Name _________________________
Mailing Address __________________________
City ____________________ State ___________ Zip Code ________
Phone No. ____________________ County of Residence _________________________
Club Name ____________________ Club County __________________________

Family Membership: (Please list)  Spouse Name ________________________________
Dependent Child(ren) _______________________________________________________

<table>
<thead>
<tr>
<th></th>
<th>Regular</th>
<th>Family</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>National</td>
<td>$19.00</td>
<td>$26.50</td>
<td>$15.80</td>
</tr>
<tr>
<td>State</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Council/County/Parish</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Club</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Total</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

Sign and send with total membership dues to Club Treasurer by ____________

New Member (Never belonged to FCE before) [ ]

Member Signature __________________________ Must be original signature, copies will not be accepted

Mission…To strengthen individuals, families, and communities through continuing education, developing leadership, and community action.