Diabetes Academies

Learn what to do about Diabetes during this “Lunch and Learn” workshop.

Topics will include:
- Diabetes and Nutrition
- Diabetes and Medicine
- What is Diabetes?
- Who is at-risk for diabetes?

You will gain information to help you manage your diabetes!

This program is open to all interested persons with diabetes and their family members/caregivers. There is no cost to attend the workshop. Lunch will be provided. You must register before noon Friday, Nov. 1 by calling 423 855-6113.

Please call today—Spaces are limited!!

Date: Monday, November 4, 2013
12:00-1:30 p.m.

At: UT & TSU Extension Office, 6183 Adamson Circle,
Chattanooga, TN 37416

Guest presenter: Tonya Swoape, MS,RD,LDN,CDE