

Virtual 4-H Contest

4th and 5th Grade - Demonstrations

What is a Demonstration?

A presentation that shows step by step how to do something. You must tell us about the steps as you show us how to do the steps. Talking about a photo or poster is an illustrated talk. A demonstration includes supplies and equipment that you use to show us the steps. Posters are great to support what you are showing and telling but cannot be used alone.

Rules to Remember

1. You must give your demonstration by yourself. If you are using posters, you can have someone hold them.
2. No live animals, babies, fireworks, nothing that can harm others or that is prohibited from being taken to school.
3. You **are NOT allowed** to make slime, playdough, volcanoes, goo, bouncy balls, elephant toothpaste, loom bracelets, how to tie your shoes, or lava lamps. If drawing or folding paper be certain that the audience can see what you are doing.
4. You must supply your own props and all props must be labeled so audience can see them. Clear containers are highly encouraged.
5. Demonstrations must be based on a 4-H project area. Competition is by project not grade. Projects can be found [here](#).
6. Posters (14in x 22in) are ideal to help explain what you are telling the audience. It is not required to use posters.
7. Demonstrations should be 3-5 minutes.
8. Speak loud and clear while ensuring the audience can see every step of your presentation.
9. Be sure to state your name, grade and project area at the beginning of your demonstration.
10. You can have help from someone to record it. [Submit your final video here](#) by Monday, May 4, 2020.

4-H Project Area

Think about what you enjoy doing and learning about. Next see which project area your idea relates to. If you are excited about your demonstration then you will have more fun presenting it and we will enjoy listening to it. A list of projects can be found at <https://4h.tennessee.edu/Pages/4HProjects.aspx>.

Steps to the Best Demonstration

1. Pick your topic and match it to your 4-H project area.
2. Create a speech that has an interesting introduction, a body that includes a supplies and equipment list along with the steps and a creative conclusion that sums up why you did the project.
3. Gather all the supplies and equipment needed to present your demonstration: Posters with the steps? Supplies? Equipment? Ingredients? Finished products? Items partially completed for those long or difficult steps?
4. Practice, Practice, Practice. You don't have to get it on the first video. You can record until you are happy with it.
5. Clean up when done.
6. Here is a good example. <https://www.youtube.com/watch?v=InZ2C4gEIJY&feature=youtu.be>

Submitting the Video

- **Submit the version of your video that you are most happy with by Monday, May 4, 2020.**
- Complete the [Google Form](#) and attach the video file or link to your unlisted YouTube video.
- Prefer to load your file via YouTube? Then submit the link to your unlisted video ([instructions available](#)).

Elizabeth Hobbs • edoan@utk.edu • Hamblen County