

EXTENSION NEWS

UT TSU Extension— Giles County

Vol. 5 Issue: 1

January/February 2018

Your Updates in [Agriculture](#), [Family and Consumer Sciences](#), [4-H](#) and [TNCEP](#) (Tennessee Nutrition Community Education Program)

Agriculture



Middle TN Grain Conference— Tuesday, January 30th. Call the Extension Office if you are interested in attending.

Advanced Master Beef Producer Class— January class will begin January 17th and the next two consecutive Wednesday's. Come by the Extension office if you would like to register. The classes will be from 8am-3pm each Wednesday and will rotate between Giles, Lawrence and Maury counties. The class is \$100 with current BQA number and \$200 without current BQA number. Couples are \$200 with current BQA number. If couples are interested in both receiving certificates, caps and signs, both need to have current BQA numbers. Couples without a current BQA number is \$300. The dates of these classes are January 17, 24, and 31.

Record Keeping for Successful Value-Added Enterprises— Educational workshop to teach farmers basic recordkeeping for direct marketing, food processing, and Agritourism enterprises. This workshop also fulfills a TAEP educational requirement in ONLY the following Producer Diversification sectors: Agritourism, Fruits & Vegetables, and Value-Added. Register online at tiny.utk.edu/famrecords. The cost is \$20/person. Check in is at 8:30am and sessions will begin at 9am and end at 4pm. Dates and locations: December 12— Martin, TN, December 13— Carthage, TN, December 14— Chattanooga, TN, March 13— Memphis, TN, March 14— Franklin, TN, and March 15— Knoxville, TN. Questions? Call Hal Pepper at 931-486-2777.

For more information on any Agriculture questions you may have, contact Kevin Rose at 931-363-3523 or email klrose@utk.edu

Family & Consumer Sciences



Living Well with Chronic Conditions Program— A six week program to help you improve our health. Living Well with Chronic Conditions is a fun, skill building program designed for persons with chronic diseases. The program helps individuals take day-to-day responsibility for the care of their chronic condition. Participants gain skills necessary to self-manage their condition and work effectively with their health care providers. Anyone living with a chronic condition (ex. Asthma, COPD, arthritis, depression, diabetes, cancer, heart disease, obesity and fibromyalgia) can take part in this program, along with any family members, friends or caregivers of an individual with a chronic condition. **This program is free and registration is required.** There will be six sessions, 2 hours per session.

When: January 22 & 29

February 5, 12, 19, & 26

Where: Ardmore Public Library 25836 Main St. Ardmore, TN 38449

For more information and to register, contact:

Myra Walker, UT FCS Agent—931-363-3523 or email mwalker7@utk.edu

Savannah Jenkins, Health Educator— 931-363-5506 ext. 115 or email savannah.jenkins@tn.gov

4-H



4-H Update— 248 4-H'ers gave a speech in their local 4-H Club during their November meeting. The purple ribbon winning 4-H'ers from each club will compete at the upcoming Giles County 4-H Public Speaking Contest at Martin Methodist College on January 18th for the opportunity to advance to the regional contest.

Over the last year, the Giles County 4-H Honor Club collected items for Operation Christmas Child shoeboxes. 54 shoeboxes were packed during the November meeting, which will be sent to young people all over the world. Boxes included toiletry items, toys and school supplies.

4-H County Level Poster and Photo Search Contest Results

Poster Best of Show— 1st place— Aiden Caldwell, Elkton; 2nd place— Peyton McCrary, Richland; 3rd place— Hix Bass, Southside

Photo Search Best of Show— 1st place— Addison Douthit, Elkton; 2nd place— Jessie Owens, Homeschool; 3rd place— Emma Reedy, Richland

For more information about 4-H and 4-H programs, contact Rob Augustin or Chandra Nelms, PA at 931-363-3523 or email raugusti@utk.edu or cnelms4@utk.edu

Horticulture



Tips for the Yard and Garden

January- Start planning your spring garden. Now is the time to order plants or seeds from mail order catalogs. If you have any leaves or mulch left over you can add them to your beds now. You can test leftover seeds to see about their germination. You can start growing seeds indoors at this time. Daffodils can use a dose of 5-10-5 fertilizer. You can still plant spring bulbs as long as you do it before the middle of the month. Depending on the weather you could start to prune fruit trees, grapes and berries. You should start to see blooms on hellebores, snowdrops and crocus. Check out our Tennessee Vegetable Garden 2018 interactive calendar. You can download it and keep your planting journal in it. <https://extension.tennessee.edu/publications/Documents/W436.pdf>

February- Transplant still dormant deciduous shrubs and trees. Prune summer flowering woody ornamentals like hibiscus, butterfly bush, and hydrangeas like "Annabelle". You can also prune honeysuckle, trumpet creeper and porcelain berry. Start planning your summer garden. You can plant cold hardy annuals such as pansies, sweet William, violas, and snapdragons. You can also start seeds indoors. Now is the time to prune last year's canes from raspberries and blackberries. You can start cool season vegetables such as broccoli, cauliflower and cabbage in cold frames. Go ahead and direct see your greens such as mustard, kale and spinach, lettuce, peas, radishes and onion sets in the garden. Now is the time to plant asparagus and rhubarb.

For more information contact Darby Allday 931-363-3523 or email dpayne11@utk.edu

TNCEP



Eat Smart, Live Strong— Enjoy fun and lively activities with other older adults! Talk about easy ways to make smart food choices and exercise more. Learn how you can Eat Smart and Live Strong. These classes will be held at the Pulaski Recreation Center on January 12, 19, 26, and February 2 from 8:30am and ending at 9:30am. For more information or to register for these classes contact Taylor at 931-363-3523. There is NO COST for these classes.



United States Department of Agriculture
National Institute of Food and Agriculture

Administrative



Soil Test— Soil Test kits are available at Extension.

Pre-Sideress Corn Nitrate test- \$10ea.

Lawn and Garden, Field Soil, Plant Problem or Insect Identification tests- \$15ea.

Plant Tissue Analysis basic test- \$16ea.

Potting or Greenhouse Media test- \$35ea.

All tests should be taken to the Postal Service for mailing. Payments for tests can be made at Extension or mailed straight to Soil, Plant, and Pests Center 5201 Marchant Dr. Nashville, TN 37211

Forage Test— Forage Probe is available for check-out at Extension. Call to reserve.

Basic forage test- \$20ea. (\$17 each for test and \$3 postage)

Forage samples can be brought to the Extension office to mail.

UT TSU Extension-Giles County

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Website: <https://extension.tennessee.edu/giles/Pages/default.aspx>

Facebook: <https://www.facebook.com/UT-TSU-Extension-Giles-County-204113236266124/>

Twitter: <https://twitter.com/UTExtGiles>

If you know of anyone who might be interested in this newsletter email toman@utk.edu

