



KidBits



July 2013

Sun Safety

Skin cancer is the most common type of cancer in the United States, but it can be prevented. Most skin cancers are caused by too much sun exposure.

Children who prevent their skin from becoming sun damaged will have much less risk of developing skin cancer later in life. Please take time to discuss the importance of sun safety with your child.

Remember to set a good example by being sun-safe yourself!



Don't get caught in the hot sun without each of these sun protective items.



Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.
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 U.S. Department of Agriculture and county governments cooperating.
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