

# Lead Prevention THE UNIVERSITY of TENNESSEE Extension

## and Healthy Housing Newsletter

Family and Consumer Sciences

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### A Look at the Data: One Year Later . . .

In October of 2012, the Tennessee Department of Health adopted the CDC's new reference level for childhood lead poisoning—5 µg/dL, a halving of the former value of 10 µg/dL. Just how does this affect the incidence of childhood lead poisoning statewide?



January 1 – October 31, 2012 Reference Value: <b>10</b> µg/dL (Children ages 0-72 months)		
# Screenings	#Confirmed Cases	Percentage of Cases Confirmed
62,801	85	1.4%

January 1 – October 31, 2013 Reference Value: <b>5</b> µg/dL (Children ages 0-72 months)		
#Screenings	#Confirmed Cases	Percentage of Cases Confirmed
74,299	381	5.1%

These numbers reveal the increase in Tennessee children who are entering into case management and receiving medical guidance on reducing their blood lead level. Kudos to the TN CLPP Program and the health department nurses statewide who are working with these children and their families.

Looking for a great Christmas or wedding gift for your favorite young couple?

How about a HEPA (High Efficiency Particulate Air) vacuum?

It will deliver years of healthy indoor air to those you care most about . . .



Don't forget to put a big, red bow on it!



## The Healthy Home Before Christmas (with apologies to Clement Moore)

'Twas the month before Christmas, and all through the house,  
While checking for safety, I tried not to grouse.  
The holiday season scatters joy all around,  
But for me I can't rest till I've covered all ground.

The chimney sweep's scheduled, our fireplace to clean,  
So the logs can burn safely, with ambiance serene.  
The furnace was serviced on October the first,  
For of home unsafe issues, CO-two is the worst.

I seal my home's cracks like a dervish each fall,  
Knowing it keeps out the mousies, be they big ones or small.  
I've chosen a corner for the massive blue spruce,  
And I'll anchor it safely, from pets on the loose.

Those cut trees catch fire at the drop of a hat,  
And 'stension cords and twinkle lights just add to that.  
I've changed every batt'ry on each smoke alarm  
And ruled out real candles, no matter their charm.

I'll damp dust each surface, ensuring healthier air,  
And I'll HEPA all textiles, from drap'ries to chair.  
With conviction I know true, with conviction I've said,  
Dust mites won't be lingering round yonder bed.

I've polished mama's hand-me-down silver without VOCs,  
As all of those chemicals causes asthmatics to wheeze.  
The house smells so fresh, natural mint and some lemon--  
A little pine, a little vanilla, and a whole lot of cinn-mon.

Now scheduling  
for 2014:

How can I help  
you with lead  
poisoning  
prevention in  
your community?

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I'm proud and I'm satisfied with the work that I've done,  
Knowing the house is all ready for holiday fun.  
I'll relax with a smile when the family comes round--  
Be it ever so humble, my home's safe and it's sound.

I love all the days from Thanksgiving to Christmas  
And believe in ole Santa, knowing his sleigh will not miss us.  
May your days be so joyful and your nights so divine  
And your house just as healthy as I'm making mine.



### Essentials for Healthy Homes Practitioners' Course TRAINING SCHEDULE 2014

DATE	Location
April 15 & 16	Jackson
July 16 & 17	Nashville
December 2 & 3	Knoxville

For more information or to register, contact  
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"May your days  
be merry and  
bright -  
And may all  
your  
Christmases  
be white."



*Wishing one and all a  
holiday season warmed  
by the love of family and  
friends . . .*

