



November

► Contest: 4-H Art Poster & 4-H Public Speaking

4-H Art Poster

Show off your artistic talents by entering the 4-H Art Poster contest for November! The top club poster will be in the county contest!

Do's & Don'ts

Do:

- Be NEAT
- Use cut out letters., glued on neatly. (Should be able to read poster from across the room).
- If you use the 4-H emblem, do not place anything over or on top of it. The 4-H emblem should not appear screened under words or graphics.
- Use short headings.
- Use color.
- Make your message short and to the point.
- Include your name, address, home-room, school, grade, and county on the back of your poster.



Don't:

- Use loose glitter.
- Use photos or small magazine pictures that are too hard to see.
- Crowd your artwork and lettering.
- Make your letters too large or too small.

Contest Rules

1. Must be about 4-H.
2. 14 X 22 inches in size.
3. Posters must be landscaped.
4. No well known cartoon figures.
5. 3D objects can't stick out more than 1/8 inch (2 nickels-stacked)

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Facebook at <https://www.facebook.com/extensionclaborne/>
Or
On our website at <https://extension.tennessee.edu/claborne/>

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.





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Public Speaking

Four Basic Steps to a Good Speech

1. Plan:

- Decide on what type of speech you want to give (inform, action, entertain).
- SELECT A TOPIC THAT WILL INTEREST YOUR AUDIENCE. THE SUBJECT SHOULD BE SUITABLE TO BOTH THE SPEAKER AND THE AUDIENCE. IT IS STRONGLY RECOMMENDED THAT 4TH-8TH GRADES TOPICS BE RELATED TO 4-H, BUT ITS NOT REQUIRED. (REMEMBER, FOR 9TH-12TH GRADES, YOUR TOPIC MUST RELATE TO 4-H.)
- Gather information on your topic.

2. Organize: Have an introduction, body, and conclusion

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| <p>a. Introduction: This is your chance to get the audiences attention. Some ways to start are: using a famous quote, words, or verses of a poem, a funny story, or the definition of your title.</p> | <p>b. Body: This is the main part of your talk. This is the part where you bring out what you want your audience to know. You will hopefully not have more than five or six points. Avoid statistics and wordy information.</p> | <p>c. Conclusion: This is the ending or summarizing part of your talk. Some ways to end a speech are: A brief summary of the main points of your speech; Closing with a high note like a poem, quotation, Concluding with a statement or your views.</p> |
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3. Practice: Practice until you know your speech and feel comfortable giving it to others.
4. Deliver: Relax and be confident. Stand straight, but not stiff. Keep your hands to your sides. DO NOT READ YOUR SPEECH. Speak loudly and clearly. Do not introduce yourself at the beginning or end of your speech. Do not use visuals.

Senior Members must give an extemporaneous speech. We will have County Public speaking Contest in December. County winners 9th-12th grades will then compete in the Regional Public Speaking Contest that will be conducted in February. County winners in 4th-8th grade will compete in the Multi County Public Speaking Contest that will be conducted in March. Work hard on your Speech and remember to PLAN, ORGANIZE, PRACTICE, AND DELIVER!



Recommended Lengths for Speeches are:
 4th... 1-2 Minutes
 5th-6th... 2-4 Minutes
 7th-8th... 4-6 Minutes
 9th-12th... 5-7 Minutes

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