

Seasonal Eating

Fruit and Nut Slaw

1/2 small head cabbage, cored and thinly sliced
1 carrot, grated
1/2 cup dried cranberries
1/2 cup cider vinegar
2 tablespoons sugar
2 teaspoons vegetable oil
1/2 teaspoon salt
1/2 teaspoon black pepper
2 Honeycrisp apples, chopped
1/4 cup chopped toasted walnuts

In a large bowl, combine cabbage, carrots and cranberries. In a small bowl, whisk together vinegar, sugar, oil, salt and pepper. Pour vinegar mixture over cabbage mixture and stir until well combined. Refrigerate. Just before serving, add apples and walnuts. Mix well.